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VOL. 29, NO. 26

#### SANIBEL & CAPTIVA ISLANDS, FLORIDA

**DECEMBER 24, 2021** 

DECEMBER SUNRISE/SUNSET: 24 7:13 • 5:42 25 7:14 • 5:43 26 7:14 • 5:43 27 7:15 • 5:44 28 7:15 • 5:45 29 7:15 • 5:45 30 7:16 • 5:46



Over 50 species of marine life can be seen at the shell museum

Museum Expands

he Bailey-Matthews National Shell

Museum recently established two

people across Lee County a chance to

new programs aimed at giving more

Guest Access

experience the educational impact of its shell collection, aquariums, touch pools

and marine life.

The first initiative, Lee County Sunday Afternoons, grants half-price admission to the museum on Sundays from noon to 5 p.m. for all Lee County residents who

continued on page 2



Artwork by Stan Timson photos provided

# Arts And Crafts Fair Next Sunday

he Community House is hosting another arts and crafts fair on Sunday, January 2 from 9 a.m. to 2 p.m. Celebrating the new year and life on the islands, this event will fulfill your yearnings for handmade arts, crafts and treasures of all kinds. Vendors have been specially selected to participate.

Shoppers can choose from an eclectic array of original art in various mediums, shell art and crafts, jewelry, baked goods and other culinary items, greeting cards, children's books and wearable art.

All sellers will be located indoors at The Community House. Masks are required for



Steve Canton of Steve's Bakes

those who are unvaccinated. There is no charge for admission or parking.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net, www. facebook.com/sanibelcommunityhouse or call 472-2155.☆



Students used seine and dip nets to catch and study marine creatures

photos provided

## Students Discover Coastal Science

anibel Sea School recently hosted fifth graders from Upthegrove Elementary School in LaBelle for a field trip on the causeway on two separate outings. One of the life science standards these fifth grade students are learning in the classroom is "interdependence" and its integral concepts:

Plants and animals, including humans, and how they interact with and depend upon each other and their environment to satisfy their basic needs;

Both human activities and natural events can have major impacts on the environment;

Energy flows from the sun through producers to consumers.

To reinforce what students are



Despite the dense fog, students had a great time learning about the marine environment

learning in the classroom, marine science educators designed three stations focused on ocean food webs. Despite the dense fog on both days, the students had a great time rotating through them. Students started learning about producers in the marine environment. Equipped with ID guides, they waded out into the water to find and identify macroalgae and seagrasses. Afterwards, they focused on an often-overlooked producer

– phytoplankton. Because you cannot see most of them with the naked eye, phytoplankton is often a mystery to young explorers even though they are the most abundant and widespread producer in the ocean. Students learned how to use a phytoplankton tow and discovered what some common species look like up close.

The next step brought consumers into the mix. Students used seine and dip nets

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# Community House Calendar

etting Loose with Watercolor classes with Anita Force Marshall are offered on Tuesdays from 9:30 to 11 a.m. The subject for the December 28 class is the roseate spoonbill. Cost per class is \$35 for members and \$40 for guests. Register online at www.sanibelcommunityhouse. net or call 472-2155. Watercolor rental kits are available for \$10.

Oil Painting with Suzette will be offered on Monday, December 27 from 9:30 to 11:30 a.m. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at www.sanibelcommunityhouse.net or call 472-2155.

The Arts & Crafts Show returns on Sunday, January 2 from 9 a.m. to 2 p.m. There is no charge for admission or parking.

Cheers to 95 Years! is the theme for The Community House 95th Anniversary Celebration on Tuesday, January 18 beginning at 6 p.m. Tickets are available at \$175 per person and include a four-course meal, music and live auction. Dress code is casual with a request to wear white in honor of the anniversary. RSVP to www. sanibelcommunityhouse.net or call 472-2155.

Shellcrafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m.



The Community House photo by Logan Hart

There is no charge to attend the class; supplies range between \$3 and \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing resumes on January 4 and is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for quests.

The Sanibel Hearts Club will resume in January and meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Sanibel-Captiva Art League is

exhibiting works by artists David King and Donna Filomio during December. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday or virtually at www. sanibelcommunityhouse.net.

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for the weekly classes offered). Contact Allison at office@sanibelcommunityhouse.net if you are interested in sponsoring either of these programs.

Shell Critter Kits to Go are available

for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House will be closed on Christmas Eve, Christmas Day and New Year's Eve.

The Community House is located at 2173 Periwinkle Way. Visit www. sanibelcommunityhouse.net or call 472-2155. CDC guidelines are being followed.

From page 1

#### Museum

provide proof of residence such as a driver's license or utility bill.

The second initiative, Community Access Program, is a free access program whereby the museum partners with service and support agencies throughout Lee County to distribute free admission passes to low-income Lee County residents and other populations that are underserved or disadvantaged. Passes are valid for free single-day admission to the museum without expiration date.

"Our hope is that by lowering economic barriers for neighbors to enjoy the museum, we will increase access and educational opportunity, and the museum's role as a local and regional community resource," said Sam Ankerson, Bailey-Matthews National Shell Museum executive director.

Funding for these initiatives is made possible by an anonymous donor.

Bailey-Matthews National Shell Museum is a natural history museum and the only museum in the United States devoted solely to shells and mollusks. Permanent exhibitions on view include the Great Hall of Shells, the Beyond Shells living gallery of aquariums and over 50 species of marine life.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open daily from 10 a.m. to 5 p.m. For more information, visit www.shellmuseum.org or call 395-2233.







# Saint Babel Catholic Church

Christmas Eve Masses 5:00 PM and 7:30 PM

Christmas Day Mass 10:30 AM

Telephone: 239.472.2763 Saintisabel.org
3559 Sanibel-Captiva Road, Sanibel Island at the intersection of Rabbit Road



Sandy Nering and Emilie Alfino photos provided

# Historical Village Display Continues Through January

The Sanibel Historical Museum and Village holiday display – Trees, Timelines, and Special Memories – opened December 3 with a crowd of more than 200 people coming to the pre-Luminary open house. The exhibit contains timelines in all of the nine historical buildings, tracing each building's past and its inhabitants. The exhibit continues through the first week of January.

"We were delighted with the turnout and hope many more people will come to enjoy our holiday exhibit," said board member Gayle Pence. "So many of our volunteers were involved and worked hard to make it happen. It's a unique exhibit, unlike anything we've done before. Visitors will learn a lot of interesting history."

After much research, volunteers explored the history of each of the nine authentic buildings and discovered many new facts. A timeline is exhibited in each building telling the tale of that building's life through the years. Holiday trees and exhibits reflect the items found on the timelines. For example, the old Schoolhouse for White Children was the first school to desegregate in Lee County



#### Dan Perkins in the Old Bailey Store

after African American and white families petitioned the Lee County School Board seeking to desegregate the school. The schoolhouse for "colored children" was located on Tarpon Bay Road in the building now occupied by Lily & Co. Jewelers. Today, an educational plaque is located in front of the building.

After the old Schoolhouse for White Children was closed, the building became the Pirate Playhouse and later the Schoolhouse Theater. When the building came to the historical village and was restored to its early-1900s state, the workers doing the renovation found the original blackboard still in place.

"We invite everyone to visit and learn more about our buildings' histories, which also tell the history of Sanibel," said Executive Director Emilie Alfino.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks are required inside the buildings. Tours are available if reserved in advance for groups of no more than six, depending on docent availability.

The Sanibel Historical Village is located at 950 Dunlop Road. Admission is \$10 for adults over 18; no charge for members and children. The village has handicap access to all but one building, the Post Office. For more information, call 472-4648 during museum hours or visit www. sanibelmuseum.org.





KAYCASPERSON.COM

Lighthouse buildings

Sanibel Historical Museum And Village

# Looking Back: Asbestos Siding

This week's photo shows workers applying asbestos siding to the lighthouse buildings in 1955. It was noted that the siding was not much more costly



photo courtesy Sanibel Historical Museum and Village

than painting and maintenance costs would be greatly reduced. Notice the screened porch at the time.

Sanibel Historical Museum and Village is located at 950 Dunlop Road. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available by reservation, based on docent availability. There is handicap access to all but one of the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www. sanibelmuseum.org or call 472-4648.\*\*

# **Churches/Temples**

#### **BAT YAM-TEMPLE OF THE ISLANDS**

Shabbat services including Torah reading at 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

#### CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www. facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

#### **CHAVURAT SHALOM**

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

#### FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

#### SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in

the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

# SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

#### ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

# ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

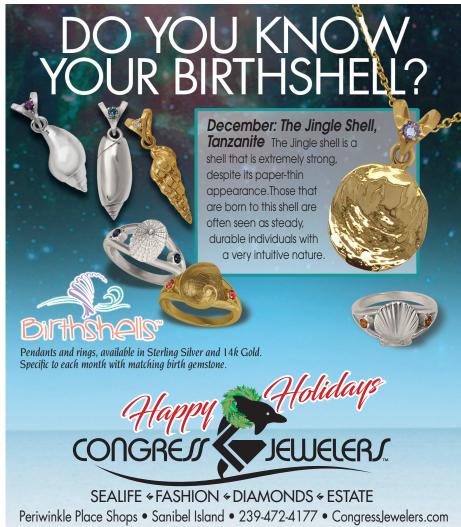
The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaelssanibel.org, 2304 Periwinkle Way, 472-2173.

#### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press @islandsun news.com or call 395-1213.☼







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#### **OBITUARY**

#### THOMAS WILLIAM KREKEL

William Krekel of Sanibel, Florida passed away on October 8, 2021.

He was born in Louisville, Kentucky on April 12, 1944. He was the only son of Virginia Higgins and Karl John Krekel.



"Tommy," by all who knew him well, was raised with five sisters. He leaves behind his high school sweetheart and wife of 54 years, Gloria Jean Krekel; his children, Joanna Losi (Rich) of Bristow, Virginia, Elizabeth Ann Krekel of New York, New York; and grandchildren, Jackson Losi and Cameron Losi. Three of his sisters survive, Alice Kruegel of Phoenix, Arizona, Kathy Grams of Fountain Valley, California and Barbara Sue Smithson of Denver, Colorado, as well as many wonderful nieces and nephews, too many to mention.

The allure of flying would call Tom at the young age of 12 when he discovered that Bowman Field in Louisville, Kentucky was offering plane rides for a "penny a pound." He hitchhiked out to the field and for \$1.30 he took his first

While Tom was in high school at

St Xavier, the Navy came to recruit students. Tom applied and was accepted into the NROTC program at University of Louisville. After graduating in 1962, he received his commission as an ensign in the United States Navy. After several months of learning to fly in basic training, Tom's first assignment was NAS Jax, where he chose to learn flying P2 and P3 patrol aircraft. This would lead to several months of deployments in the Mediterranean.

A highlight of Tom's Navy career in 1969 was a four-month deployment, called UNITAS X. The South American Navies, along with U.S. ships and planes, would coordinate their efforts to develop a state of preparedness in defense of their long coastlines to the benefit of both hemispheres. A total of 17 countries and many key ports provided an enriching experience. Tom left the Navy in 1973 after seven years

Tom was hired by the State of Tennessee as the pilot for Gov. Lamar Alexander and other state officials, and held that position for 10 years. Tom would realize a dream to be hired by Piedmont Airlines in 1984. Later as an airline pilot for U.S. Airways, Tom would achieve captain status and learn to fly most of the planes in the fleet.

Tom and Gloria found paradise in 1999, moving to Sanibel from Charlotte, North Carolina. Tom was still working but soon became involved in community service. He joined the Lions Club, becoming president, and was very active

all through the years.

Tom also became an active sea turtle volunteer, learning the job of permittee. In the intense heat of Sanibel summers, digging out turtle nests while carrying heavy equipment and heavy backpacks, even with a broken collarbone, did not deter Tom Krekel.

Tom served on the library board beginning in 2001 for 19 years. As president, he was instrumental in getting the work done to establish the library as an Independent Special District in 2005 and 2006. As a lifelong lover of reading, Tom suggested renowned writer Joyce Carol Oates as the first Author Series guest speaker. This began a tradition of bringing top literary authors that continues in 2022.

Tom was elected as a Sanibel Planning Commissioner and served nine years from January 2008 to January 2017. He had the leadership skills needed to bring to the planning commission, always with objectiveness and honesty.

Tom lived life fully. To quote daughter Joanna, "When we were very young, he shared his knowledge of history, science and life in general. Dad was a self-made man, he taught us about financial responsibility, to strive to be all that we could be. He will be remembered for all the positive influences on our lives and will be missed dearly.

His daughter Elizabeth remembers him as someone who never gave up on his goals or dreams. "He was unassuming and rarely talked about his accomplishments. We feel that the most important thing he would want for us to know is to live life without fear, take chances, be adventurous.'

Tom's wife, Gloria, remembers fondly the many exciting adventures that Navy life would bring:

"Learning the cultures of so many countries while living among the people was a rewarding experience. I can't remember when you weren't there. Knowing you 62 years while married 54 of them is a lifetime. We grew up together. It's been quite a ride. You made me proud. I miss you so much, Tommy.'

– your true love, Gloria

Tom will be greatly missed by all who knew him, especially his family. A celebration of Tom's life will be planned at a later date in 2022.☼

# Register Early For January Fun Days

egistration is open for Fun Days at Sanibel Recreation Center. Fun **▲**Days on Monday and Tuesday, January 10 and 11 will offer games, arts and crafts, and swim time. Enrollment is available for children in kindergarten through eighth grade. The program runs from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, water bottle, swimsuit, towel and sunscreen. Face masks are required.

Financial assistance is available. For more information call 472-0345 or visit 



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Dec. 24 Bing Cherry

**Dec. 25 Closed for Christmas** 

Dec. 26 Candy Cane

Dec. 27 Buckeye

Dec. 28 Espresso Twix

Dec. 29 Andes Candy

Dec. 30 Maple Bacon

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# - Jigwer -Tahitian Gardens

1975 Periwinkle Way

**Shopping Center** 







For individual shop information: www.ShopOnSanibel.com

# City Of Sanibel Holiday Closings

The City of Sanibel administrative offices will be closed in observance of Christmas on Thursday and Friday, December 23 and 24. Regular office hours will resume on Monday, December 27.

The offices will also be closed in observance of the New Year holiday on Thursday and Friday, December 30 and

31. Regular office hours will resume on Monday, January 3. If you have any questions, call 472-3700.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services regularly scheduled for Saturday, December 25 (Christmas Day) will be collected two days later. If your regularly scheduled day for waste collection is Saturday, December 25, it will now be collected on Monday, December 27.

Refuse, recycling and vegetation

waste collection by Advanced Disposal Services regularly scheduled for Saturday, January 1 (New Year's Day) will be collected two days later. If your regularly scheduled day for waste collection is Saturday, January 1, it will now be collected on Monday, January 03. If you have any questions, call Advanced Disposal at 334-1224.

The Sanibel Recreation Center will be closed in observance of Christmas Eve and Christmas Day on Friday and Saturday, December 24 and 25. Regular operating hours will resume on Monday, December 27.

The recreation center will also be closed in observance of New Year's Eve and New Year's Day, Friday and Saturday, December 31 and January 1. Regular operating hours will resume on Monday, January 3. If you have any questions, call 472-0345.

Center 4 Life/Civic Center is currently closed due to COVID-19.



A student with a live banded tulip, which was released

photos provided

From page 1

#### Coastal Science

to catch and collect creatures. These creatures were placed into separate, aerated tanks based on trophic level; the students worked together to determine if they were primary, secondary or tertiary consumers. At the end, students worked to create a food web in the sand by drawing arrows from tank to tank representing the transfer of energy through the web. All

animals were released when the activity was finished.

The final station focused on what happens when things go wrong: What if you remove part of the web? Educators focused on the classic example of a trophic cascade in Alaska – sea otters, urchins and kelp. Sea otters keep urchin populations controlled. Urchins feed on the kelp. Therefore, sea otters indirectly promote the growth of kelp by eating urchins. Marine science educators designed a game of tag where students were assigned roles and tasks



Students got an up-close look at many sea creatures

to complete to demonstrate a balanced versus unbalanced ecosystem.

These field trips were made possible by Sanibel Sea School's scholarship fund. Thanks to donors, Sanibel Sea School is able to offer trips for free or at a reduced rate to schools and community partners who have limited funds for field trips. "It's especially rewarding to have the chance to engage with students from LaBelle, which is about an hour and a half inland," said Youth Education Director Shannon Stainken. "Many of the students had never been to Sanibel and some had

never even been to a beach at all. Out of the 40 students who came on one of the days, only one had been to Sanibel before." Sanibel Sea School is dedicated to providing all students, regardless of socioeconomic or geographic limitations, with the opportunity to experience the unique marine environments of Southwest Florida. Fifth graders from Upthegrove Elementary School will join Sanibel Sea School for two more trips this spring.

If you would like to support this effort, visit www.sanibelseaschool@sccf. org or call 472-8585.\*

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SANIBEL CAPTIVA
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# Community Service At Its Best



Daisy Troop 144 at the FISH Walk-in Center

aisy Troop 144 on Sanibel has peen busy making spirits bright this holiday season. The girls donated gifts for the Christmas toy drive at FISH of SanCap last week. They also painted a

photo provided

whole bunch of shells and sprinkled them at a local retirement home to spread some Christmas cheer.

These girls are definitely making the world a better place.☼

# New Year's Eve Beach Cleanup



Volunteers are needed to help clean up the causeway beaches

photo provided

he new year is often a reset button for personal goals, but the oceans could use a little help to reset as well. To ring in the new year with clean causeway beaches, sign up with Coastal Watch for a beach cleanup on the causeway islands on Friday, December 31 from 10 to 11:30 a.m. Volunteers will check in on Causeway Island B (the island closest to Sanibel) at the covered pavilion

near the restrooms on the east side (facing the lighthouse). Gloves and trash bags will be provided to volunteers upon arrival. Bring your family and friends to greet 2022 with a cleaner, healthier coastline.

Contact Sanibel Sea School Community Conservation Coordinator Kealy McNeal at kmcneal@sccf.org for 





1700 Periwinkle Way • Sanibel Island, FL 33957 Phone: (239) 472-9300

#### **OBITUARY**

#### KARIN B. LEONARDI

Leonardi, 78, passed away peacefully on December 3, 2021 at HealthPark after a courageous and prolonged battle with multiple serious health issues. Through many hospitalizations



and untold medical appointments, her

determination and perseverance were an inspiration to everyone who knew her. She fought hard for a long time, and now, finally, she can rest in peace.

Karin was born on May 23, 1943 in Hockenheim, Germany to Josef and Hilda Burgmeier, a middle child, with older brother Wilfried and younger sister Gertrud.

In 1964, while working as a translator for the U.S. Army, she met her future husband, Peter, in Schwetzingen, Germany, where he was stationed. They were married on November 6, 1965 in Hockenheim, Germany. They remained in Germany until Peter's discharge from the Army in 1966, at which time Karin had

received two letters of commendation from her Army supervisors. The couple then moved to Peter's hometown of Plymouth, Massachusetts.

While in Massachusetts, Karin and Peter had three children - Peter, Mark and Tanya. Karin had a strong entrepreneurial and artistic spirit. For several years, she created and sold her handmade craft items at various venues and craft fairs. These efforts culminated in Karin and her husband eventually opening their first retail store in 1976 in the Hanover Mall in Hanover, Massachussetts.

After a vacation to Sanibel in 1977, Karin and Peter decided to make Sanibel their new home, moving their family there in 1979. Over the next 30-plus years, Karin and her husband would own and operate several gift shops on the island, beginning in the early 1980s with Pandora's Box, originally located on the east end of Sanibel. Karin looked forward to frequent buying trips to trade shows across the country, always looking for unique and interesting merchandise to offer in her shops. She had a discerning eye and a real gift for finding beautiful and unusual items. Meeting talented artists and discovering their work was a great joy in her life, and was a place where she was truly in her element.

In her spare time, she was an avid collector, spending many weekends driving around the county visiting estate sales, garage sales and auctions, always on the lookout for the next "treasure."

The annual Antique Flea Market in Brimfield, Massachussetts was a particular favorite, and a trip she made many times.

In later years, she slowed down and enjoyed spending time with her four grandsons, who were her pride and joy. They all called her "Omi," the same name her own children had called their German grandmother. Being Omi was surely one of her greatest delights in

Karin was preceded in death by her parents, Josef and Hilda Burgmeier, her son Mark, her grandson Devin and her older brother Wilfried Burgmeier of Hockenheim, Germany.

She is survived by her husband of 56 years, Peter A. Leonardi, son Peter T. Leonardi and partner Lynn Kompinski, daughter Tanya Batke and husband Derek, grandsons Zachary and Nicholas Leonardi, and Dominik and Cristian Batke, sister Gertrud Neidermayer, former daughter-in-law Lisa Ott, sisterin-law Ilse Burgmeier, nieces Manuela, Marion and Tina, and nephews Peter, Holger and Timo.

A memorial service for Karin will be held at Harvey-Englehardt Funeral Home, located at 1600 Colonial Boulevard in Fort Myers on Saturday, January 8 at 11 a.m. Pastors Jamie and Kim Stillson will officiate. All are welcome to attend. Friends of Karin are encouraged to visit www. harvey-engelhardt.com/tributes to leave condolences or share a memory or photo.₩

# St. Michael & All Angels **Episcopal Church**



# WE INVITE YOU TO JOIN US FOR

## **Christmas Eve**

Children's Service & Pageant at 5 o'clock

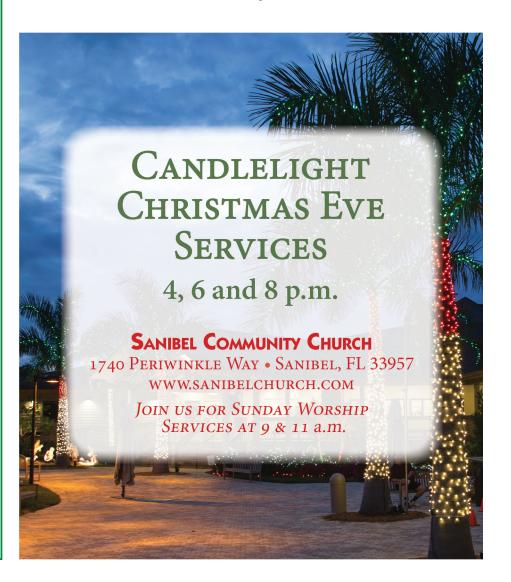
Holy Eucharist, Hymns & Carols at 8 o'clock

# **Christmas Day**

10:00 in the morning A traditional service of Eucharist, hymns & carols.

> All services livestreamed. Masks are highly recommended at all services.

The Rev. Bill Van Oss 2304 Periwinkle Way • Sanibel [239] 472-2173 • www.saintmichaels-sanibel.org



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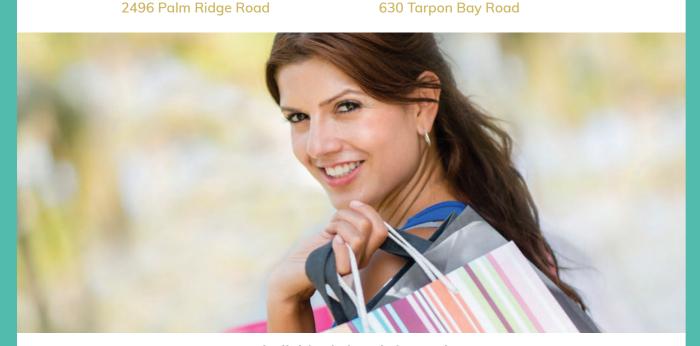
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Annabel Crater is one of the soloists

## Sing Along To Raise Funds For Island Preschool

anibel Congregational United Church of Christ will hold a singin on Sunday, December 26 at 3 p.m. Selections will include the Christmas portion of Handel's Messiah, Worthy Is the Lamb and the Hallelujah Chorus.

There is no admission charge but free-will offerings will be accepted. Any funds collected beyond costs will be used

to help provide scholarships for students at the Children's Education Center of the Islands, the local preschool that prepares island youngsters for kindergarten.

Guests will receive a copy of the music and can sit with others who sing the same choral part: soprano, alto, tenor or bass. A professional orchestra and conductor will lead, and solos will be performed by local artists and FGCU music students.

Annabel Crater, a senior in the theater department at Cypress Lake High School, is one of the soloists. Crater is also in the A Cappella Group (TAG) at Cypress Lake High. She is the daughter of Scott and

Dana Crater of Sanibel.

No rehearsal is required. Guests can sing along or just listen.

Sanibel Congregational United

Church of Christ is located at 2050 Periwinkle Way. For more information, call Mackenzie Albert, director of music, at

## Willow Dock

by Gerri Reaves

**T**ou won't find native willow dock (Rumex verticillatus) in gardening centers, but you'll likely see this widespread member of the buckwheat, or knotweed, family out and about.

Like many wildflowers that many people consider weeds, it volunteers and thrives on its own.

Its native range includes not only Florida but the eastern half of the Ú.S. and Canada and even into northern Mexico.

Another common name, swamp dock, refers to its love of soggy freshwater habitats such as swamps, marshes and the edges of streams, as well as roadsides, ditches, or disturbed areas.

Leaves are lanceolate to elliptic with pointed tips and tapered at the base. The leaf edges, which are sometimes wavy, are arranged alternately on erect stems three to five feet tall.

The drooping greenish or whitish flowers are petal-less and have six stamens surrounded by green tepals. Tepals are the outer parts of the flower, so named because they are not easily classified as either sepals or petals.

The flowers are whorled, or verticillate, thus the term verticillatus in the binomial.



Native willow dock prefers moist areas such as swamps, marshes and bogs

photo by Gerri Reaves

Blooms can appear just about any time of year, but most likely in summer.

This species has a taproot, which adds to drought tolerance.

Willow dock is pollinated by wind and produces a dry, one-seeded fruit.

Sources: The Guide to Florida Wildflowers by Walter Kingsley Taylor, https://en.wikipedia.org, www.iNaturalist. org, and http://floranorthamerica.org.

Plant Smart explores the diverse flora of South Florida.🌣

# CHRISTMAS SCHEDULE

#### CHRISTMAS EVE CANDLELIGHT SERVICE DECEMBER 24 · 6PM

Beautiful music begins at 6pm outside under thousands of twinkling lights

#### CHRISTMAS DAY SERVICE DECEMBER 25 · 11 AM

As always, all are welcome to this informal service highlighted by prayer and joy!

DIRECTOR OF MUSIC - LYNNE DUGAN, ORGANIST



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SanCap Catholics group at George & Wendy's Seafood Grille

#### photos provided

## Catholic Group Celebrates Gift **Drive Success**

anCap Catholics, an island-based Christian community, celebrated the completion of its annual Angel Tree project, which resulted in 100 percent of the gift opportunities being fulfilled for the third straight year. Over 125 gift packages will go to neighbors in need in Fort Myers, both young and old, to make for a happier holiday season.

Following the successful gift giving campaign, members of SanCap Catholics met at The Community House for an early Christmas celebration that began with a showing of the Radio City Music Hall Christmas Spectacular featuring the the Rockettes. Following the show, the group met for a holiday buffet at George and Wendy's Seafood Grille.

The event was an opportunity for friends to gather, celebrate and respond to the needs of others, and to give thanks for many blessings.☆



**Angel Tree** 

# Workshops At BIG ARTS

IG ARTS workshops are a great place to learn a new hobby or sharpen your skills. The 2022 workshop season offers a variety of classes with experienced instructors.

Workshops include:

Drawing from Photographic References with Francesco Gillia -Tuesdays, January 4 to 25, 9:30 a.m. to noon. Donor: \$135; nondonor: \$169.

Pastels with Mary Klunk – Tuesdays, January 4 to 25, 9:30 a.m. to noon. Donor: \$120; nondonor: \$150.

Glass Fusing with Petra Kaiser Wednesdays, January 5 to 26, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor:

Glass Fusing with Petra Kaiser – Thursdays, January 6 to 27, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor:

Photography for Beginners with Denny Souers - Thursdays, January 6 to 27, 9 a.m. to noon. Donor: \$111; nondonor: \$139.

The Perennial Philosophy: Catching a Glimpse of Truth and Beauty in Each Religion and Every Branch of Science with Ran Nieoff – Mondays, January 10 to 24, 9 to 10:30 a.m. Donor: \$80; nondonor: \$100.

Watercolor Painting with Sunny Krchmar – Wednesdays, January 14 to 28, 9 a.m. to noon. Member: \$156; nonmember: \$195.

Paint Your Own: Pineapple Beach Bag with Sunny Krchmar – Friday, January 14, 1 to 3 p.m. Donor: \$60; nondonor: \$75.

Drawing Basics with Douglas David – Saturday, January 15, 9:30 a.m. to 3:30 p.m. Donor: \$135; nondonor: \$169.

Ode to Beethoven – The Man Behind the Music with Anette Isaacs – Saturday, January 15, 10 to 11:30 a.m. Donor: \$23; nondonor: \$29. Greeting Card Class with Donna Lee

Cole – Wednesday, January 19, 9 a.m. to noon. Donor: \$25; nondonor: \$32.

continued on page 14

# Sanibel Congregational United Church of Christ

# A HOLIDAY SEASON **OF SERVICES**

Friday, December 24, 5:00 PM

Lighthouse Beach Christmas Eve Service Candles, Music and the Old, Old Story

Friday, December 24, 9:00 PM

Christmas Eve Candlelight Service Lessons and Carols and Special Music

Sunday, December 26, 10:00 AM

Bell Sunday Worship Service Ring Out Wild Bells!

Sunday, December 26, 3:00 PM

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# Just Enjoy Fishing



by Capt. Matt Mitchell

**7**et another week of amazing weather meant another week of nonstop fishing. With December high temperatures in the 80s for the entire month, water

temperatures have stayed in what can be described as that magical range. Catch-and-release snook fishing has been on fire with 30-plus fish trips being the normal.

With conditions being so perfect, the snook are in an early spring-like pattern. I have been catching them basically anywhere from the passes to deep into the back country. One thing all the hot snook spots have had in common is moving tide. Seeing so many snook staged up around the passes is not a normal thing for the month of December.

Minus low tides and warm water are what dreams are made of for me. Throw in a blacked-out live well full of shiners and my job is as much fun as can be. Along with the snook, we are also catching redfish in the mix; our big one this week measured 32 inches. Larger trout have been more difficult to come by with most of the trout on the flats being less than the 15-inch



Lydia from Indiana with a redfish that completed the slam for the day's fishing

photo provided

minimum. Hungry schools of jacks having been popping up most places I target snook.

Bait is now being found out on the flats again instead of the deeper water of the causeway bridges where it usually if found during winters. Water as it just makes our fishing action so

temperature again is the reason for this. Conditions continue on the warmer side consistent.

With so many visitors from up north filling up my boats, we are continually asked about what fish clients can take for a meal. Unfortunately, there is still not much available to harvest. With water temperatures so high, our sheepshead bite has still not kicked off. Once you explain why we have the closure and then let them experience how good our fishing is, the thought of dinner quickly goes away. What's most important is the incredible rebound we have seen in our fishery in the past years thanks to both the better management of water quality along with the harvest closure of snook and

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol. com.₩

From page 13

#### **Workshops**

Friday with Francesco: Colored Pencils & Pastels on Toned Paper – Friday, January 21, 9:30 a.m. to 3 p.m. Donor: \$110; nondonor: \$138.

Hand Painted Wine Bottle, Coastal Theme with Lights, Shells and Embellishments with Jenny Licht -Saturday, January 22, 9 a.m. to noon.

Donor: \$75; nondonor: \$94.
Paint Seascapes in Oil with Douglas
David – Monday and Tuesday, January 24 and 25, 9:30 a.m. to 3 p.m. Donor: \$265; nondonor: \$332.

The Joy of Writing with Vicky Lettmann – Mondays, January 24 to 28, 9:30 to 11:30 a.m. Donor: \$110; nondonor: \$138.

Zentangle (beginners only class) with Donna Lee Cole – Wednesday, January 26, 9:30 to 11:30 a.m. Donor: \$25; nondonor: \$32.

Pre-registration is required for all classes and workshops. For more information, call the box office at 395-0900, open 9 a.m. to 3 p.m., or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel. For complete course descriptions, workshop and class schedules, visit www.bigarts.org or email info@bigarts.org.☆









**CROW Case Of The Week:** 

# Gopher Tortoise



by Bob Petcher

he gopher tortoise (Gopherus polyphemus) is a terrestrial reptile, averaging nine to 11 inches in length when fully grown. At CROW, a

juvenile gopher tortoise was admitted

from Lehigh Acres after being attacked by a dog. The incident was witnessed by the finder who provided details on the intake paperwork.

We estimate this patient to be 3 to 5 years old. Despite the patient's small size, they are considered a juvenile gopher tortoise given their complete brown carapace coloration. We consider patients adults when they reach sexual maturity, approximately over 10 years, depending on sex," said Dr. Laura Kellow, CROW veterinary intern. "It is extremely helpful when our finders give us as much detail as possible since we cannot ask the patients what happened, as much as we wish otherwise.

Upon examination, veterinarians found the turtle to be severely dehydrated, with a shell fracture.

'The gopher tortoise has a fracture of his carapace. On top of their bony shell, tortoises have keratin scutes, which are types of protein that we find in our hair,



Patient #21-6188 recovering from a shell fracture due to a dog bite photo by Haillie Mesics

nails, etcetera," said Dr. Kellow. "We evaluate the carapace based on a scute numbering system. The patient has a fracture to the marginal scutes, which is the outermost edge of the carapace right over the right front limb."

Veterinarians expressed concern for systemic infection secondary to the dog attack wounds. The patient was given antibiotics and pain medication.

"Unlike the popular myth that dog mouths are cleaner than human mouths, dogs carry a large variety of bacteria in their mouths," said Dr. Kellow. "When a dog or a cat bites an animal, they track that bacteria and potentially any bacteria from the patient's skin into deep wounds.

These wounds are perfect places for bacteria to grow, particularly the deeper they are. When we have a patient that presents with a dog or cat attack, we evaluate their mentation closely and overall health status with bloodwork given our concern for potential sepsis, or bacteria in the bloodstream."

The fracture will need some repair.

'Unfortunately, the fracture is highly unstable and is already showing signs that (the fractured bone) is dying off from lack of blood supply. Luckily for this particular patient, the fracture is relatively minor, meaning that it just involves these marginal scutes and not deeper structures," said Dr. Kellow. "In this particular case, we

will likely remove this bit of fractured bone, and the patient will heal well with a small defect to the marginal scutes on that side. Tortoise fracture repairs are highly individual and depend heavily on what structures are involved, how deep the fractures are and the degree of tension at the fracture site. No two are the same, and we always use the latest scientific techniques and principles to guide treatment.'

The tortoise will continue to be monitored under supportive care. Dr. Charlotte Cournoyer, CROW veterinary intern, provided an update after the patient spent a few more days at the clinic.

"The patient is doing well at this time, and we will continue to monitor the fracture closely to decide when to remove that piece of marginal scute bone, if required," she said. "The patient will remain in care until the fracture site is healed and infection is cleared. It does not need to stay due to age. Tortoises are solitary and thrive, even when very young, on their own. When this patient recovers, it will be returned to a safe place near the area it was found since it likely has a burrow in this area, and it is incredibly important that they are returned to their

home range."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.

crowclinic.org.₩



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# Growing up in the Bailey family

meant hard work and always giving our best to those around us. It still does. I know my parents, grandparents and great grandparents would be so proud that the traditions they began so many years ago at Bailey's General Store are being carried on today with my husband and children. On behalf of the Johnsons my own branch and 4th generation of the Bailey family—we wish you and yours a blessed holiday season filled with your own favorite traditions. We'll be here to help you carry them out."

-Mary Mead Bailey Johnson



the 4th generation of Bailey's—Bailie, Richard, Mead, Dane and Calli

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

#### Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process.



www.crowelinic.org Sanihal Island Florid

The hour and a half program has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds.

concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 11 a.m. Capacity is limited to eight participants. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic. org. Payment is required to complete reservation.

Daily Presentation Schedule Friday, December 24, 11 a.m., Closed for Christmas Eve.

Monday, December 27, 11 a.m., Species Profile: Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at

monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Tuesday, December 28, 11 a.m., A Day in the Life – CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. CROW also benefits from the help of over 200 volunteers. While on site, students and volunteers learn the ins and outs of conservation medicine and wildlife rehabilitation and share their favorite patient stories. Volunteers, staff members and students are on hand to give you an inside look at what happens behind the scenes at CROW. One of CROW's animal ambassadors will be present.

Wednesday, December 29, 11 a.m., Wildlife Rescue 101 - Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques. One of CROW's animal ambassadors will be present.

Thursday, December 30, 11

**a.m.,** Patient Profiles: Owls of Southwest Florida – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Friday, December 31, 11 a.m., Closed for New Year's Eve.

# Monitors Sought For Osprey Nests

sprey nesting season is beginning and The International Osprey Foundation (TIOF) is recruiting volunteers to monitor osprey nest territories on Sanibel, Captiva, Fort Myers Beach, Pine Island and the surrounding areas.

Witness and record the drama of osprey family life unfolding as they build and defend their nests, raise and nurture their chicks, and train their fledglings in life skills needed to survive perilous migrations. Ospreys are especially sensitive to the health of the environment. As citizen scientists, the data you gather will be utilized in local and global databases to help determine the effectiveness of water quality and climate change actions. TIOF provides training and supports a team approach.

For more information, contact tiof@ outlook.com.







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Happy Holidays!

Our Captiva location will be open Christmas Day.





**Bailey-Matthews National Shell Museum** Shell Of The Week

## The Bleeding Tooth



by José H. Leal, PhD, Science Director and Curator

**T**erita peloronta Linnaeus, 1758, is a relatively common species on the rocky shores of the Caribbean and the East Coast of

Florida. The Bleeding Tooth is a member of the nerite family (Neritidae) that may reach 50 mm (about two inches). Nerites are known to dissolve the internal part of the shell, including the central, pillar-like structure known as the columella. Shell dissolution affords extra space and allows the snail to retain a little water during low tides. And the common name of the species originates from the red color on the left side of the aperture, which combines with the white background to give the impression of a bleeding tooth, or teeth. Read more about mollusks and their shells at www.shellmuseum.org/ shell-guide and www.shellmuseum.org/

blog.

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva



The Bleeding Tooth, Nerita peloronta, from Coral Cove, Florida photo by Patricia A. Starkey

Road. To make a secure donation, visit www.sanibelmuseum.org. For more information, call 395-2233.☆

> Rare shell find? Stop by our office at 1640 Periwinkle Way so we can take your photo for publication, or email press@islandsunnews.com.

# American Legion Post 123

merican Legion Post 123 is serving Christmas dinner on Saturday, December 25. Menu includes prime rib, ham. mashed or scalloped



potatoes, green beans, collard greens and yams. Leftovers will be served on Sunday, December 26.

The band Eclectic will play from 8 p.m. to midnight on New Year's Eve. A late night menu will be served until 10 p.m.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.☆



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Color Interactions by Carol Rosenberg images provided

#### Winners Of Juried Exhibit

he 46th annual Sanibel-Captiva Art League (SCAL) juried exhibit at BIG ARTS is open and features over 60 original works created by the many gifted artists in the community. The show was juried by Fort Myers artist David Acevedo and resulted in the following winners:

First prize: Carol Rosenberg, Color Interactions

Second prize: Nancy Sperte, Freedom Third prize: Kim Belange, Lobster

Honorable mentions: Jeanne Cardarelli Raimondi, Graceful Jeannine DesMarais, Hortensia Suzette Herres, Spring Birth The exhibit is on view in BIG ARTS



Freedom by Nancy Sperte



Lobster Harbor by Kim Belange

Dunham Family Gallery through Sunday, January 23. Viewing hours are Tuesday through Friday from 10 a.m. to 4 p.m., and Saturday and Sunday from 9 a.m. to 1 p.m. It is free and open to the public, as is the artists reception on Friday, January 7 from 5 to 7 p.m. Stop by the new BIG ARTS gift shop while you're

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, visit www.bigarts.org or call 395-0900.

# New Rules For Largemouth Bass

he Florida Fish and Wildlife Conservation Commission (FWC) approved rules to facilitate management for trophy largemouth bass. Staff engaged stakeholders through angler creel surveys, a virtual public meeting, email outreach and signage at the effected resources listing proposed rule changes. Stakeholder support was high.

The FWC manages largemouth bass for conservation and general angler success. As part of the Florida Trophy Bass Project, staff proposed customized management strategies focusing specifically on trophy bass production at four select waterbodies. The proposed regulations will protect large bass, allowing them to achieve the largest size possible. These efforts, coupled with the documentation and promotion of trophy bass caught in Florida, will help establish Florida as the Trophy Bass Capital of the

"As part of the Florida Trophy Bass Project, these four waterbodies will benefit from customized regulations

designed to maximize trophy largemouth bass production," said Commissioner Gary Lester.

The rule language includes: Suwannee Lake FMA – 16-inch maximum length limit (i.e., possession of fish over 16 inches prohibited) for largemouth bass, 15 fish daily bag limit for largemouth bass and circle hooks required when fishing with live bait greater than three inches in length.

Lake Victor FMA – 16-inch maximum length limit for largemouth bass, 15 fish daily bag limit for largemouth bass and circle hooks required when fishing with live bait greater than three inches in length.

Shop Lake at Tenoroc FMA – 16-inch maximum length limit for largemouth bass, no daily bag limit for largemouth bass and circle hooks required when fishing with live bait greater than three inches in length.

Fellsmere Water Management Area (Headwaters and Egan Lakes) - Catch and release of all largemouth bass and circle hooks required when fishing with live bait greater than three inches in length.

View the agenda and documents at www.myfwc.com/commission.\\$



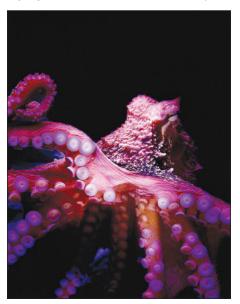




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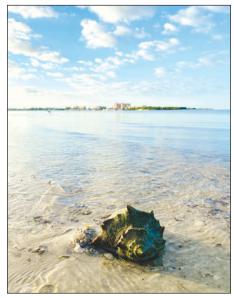
**Giant Pacific octopus** 

photos provided

# Shell Museum Planning New Adult Programs

noadening its educational reach via unique programming, the Bailey-Matthews National Shell Museum will offer a new adult class lineup for 2022 as well as a new behind-the-scenes program, After Hours in the Aquariums.

'The positive response to the introduction of classes this fall prompted the museum to create



**Bunche Beach** 

additional learning opportunities for 2022 to help shell and mollusk enthusiasts, naturalists and artists build their skills and knowledge base," said Sam Ankerson, shell museum executive

The spring class lineup will be taught by: José H. Leal, PhD, science director and curator; Rebecca Mensch, MS, senior marine biologist; and Ehren Gerhard, professor of drawing, Florida Gulf Coast University. The schedule is as follows:

February 10: Fantastic Shells and Where to Find Them

March 2: San Carlos Bay - Bunche

Beach Marine Biology and Field Lab March 17: Biodiversity and Taxonomy of Mollusks

March 31: Drawing and Illustrating

April 13: Shell Morphology: Understanding Shell Descriptions

Visit www.shellmuseum.org/ classes to register and view full class descriptions.

After Hours in the Aquariums enables guests to experience the aguariums and marine life of the Living Gallery in a social and interactive program on the fourth Tuesday of the month from January to June. Beginning at 5:30 p.m., after the museum closes, participants will have the galleries to themselves and be guided by senior staff to learn about the animals' behavior, characteristics and how the museum takes care of them.

The "sip and stroll" experience runs

approximately one hour and offers an opportunity to explore the Living Gallery with family or friends. Ticket cost includes after hours program admission, tour, snacks, choice of beverage and one museum pass redeemable for a future visit. Maximum capacity per event is 15 quests, and registration is required at www. shellmuseum.org/after-hours.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. The museum is open daily from 10 a.m. to 5 p.m. For more information, visit www.shellmuseum.org or call 395-2233.☼

#### Shell Found



photo provided

ason Booher of Bell Buckle, Tennessee found a junonia in the water at Bowman's Beach. This was his first time shelling with the avid shellers in his family, and he found the shell within a few days. He was not sure what it was at first but was pretty excited when he found out.☆



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#### Shells Found



James Holloway and Rocío López Fontela photos provided

ames Holloway and Rocío López Fontela of Long Island, New York had the best day of their lives on December 7. Avid beachcombers, they found a lion's paw, carrier shell, two Scotch bonnets and an alphabet cone while shelling at low tide. Little did Rocío know that James had an engagement proposal planned for sunset at Lighthouse Beach on Sanibel.

James has been visiting Sanibel his whole life while Rocío was introduced to 



Rocío López Fontela found this lion's paw at low tide across from 'Tween Waters Resort



James proposing to Rocío at Lighthouse Beach

# In the Mooo-d for Fri, Sat & Sun 5pm - 8pm Get a taste of Key West right here on Sanibel. For the past 18 years, The Island Cow is Sanibel's award-winning family dining destination with great cookin', lavish island cocktails, specialty coffees, outdoor games, and live entertainment. BODYGUARI **NO-SEE-UM DEFENSE** SOLD HERE Family Owned & Operated | 300+ Menu Items | Open Daily 8am - 9pm 2163 Periwinkle Way, Sanibel Island | 239.472.0606 | SanibelIslandCow.com

#### Shells Found



Clockwise from bottom left, Christine French, Jeff French, Shaun Carlson, Ashley Carlson, Craig Brown, MacKenzie Brown and **Madison Brown** 

he French, Carlson and Brown families of Billerica, Massachussetts found a junonia and three large 

# Shell Found



Vicky Bergeman

photo provided

icky Bergeman of Sun City Center, Florida found a junonia using her shell scoop at Blind Pass Beach. Bergeman was staying at Hampton Inn Sanibel/Fort Myers with members of the Kings Point Shell Arts group.☆



# Pan-Asian Fare Comes To Sanibel



by Allison Havill Todd

Then you combine a highly acclaimed, awardwinning chef with successful island restaurateurs, it can only be a recipe for success. Owner Chef Don Yamauchi

and his wife Cleta have partnered with owner Chef Jeramie and Debra Campana (Paper Fig origins) for the second time to open the new Bamboo restaurant. The boutique style Pan-Asian concept opened on December 16 in the former Il Tesoro location at 751 Tarpon Bay Road, adjacent to Tower Art Gallery.

The Yamauchis previously partnered with the Campanas to open 400 Rabbits, a Mexican fusion restaurant, which will celebrate its one-year anniversary this New Year's Eve. Both parties saw the need for a dining establishment on the islands with an Asian influence and will initially focus on predominantly Chinese inspired menu items. They expect that the takeout portion of their business will take priority, though indoor and outdoor seating is also available.

Yamauchi brings a background of over 30 years as executive chef in fine



From left: Kia Snyder, executive chef; Don Yamauchi, chef and co-owner; and Connor Snell, dishwasher and prep cook photos by Allison Havill Todd

dining establishments and has shared his culinary talents with guests of some of the most exclusive and high end restaurants, country clubs and casinos in the country such as Le Français in Wheeling, Illinois and both the MGM Grand and Motor City Casinos in Detroit, Michigan. Food and Wine magazine and the James Beard Society named him one of the top chefs in America. But the renowned Yamauchi has gravitated back

to his favorite realm of working in an independent, boutique style restaurant where he can indulge his creativity, have fun and be more hands on in the kitchen. His wife Cleta's background is a perfect complement to his back of the house strengths. While Yamauchi shines in the kitchen, Cleta's experience as food and beverage director at exclusive restaurants and country clubs provides her with the experience to interact with patrons and



The new restaurant is adjacent to Tower Gallery

oversee the front of the house affairs. While she retains her role as the general manager at 400 Rabbits, she will be an integral part of the operations and serve in a supporting role at Bamboo.

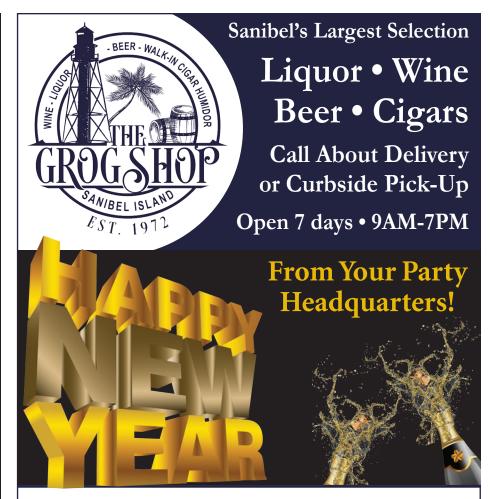
The Campanas have already proven their culinary abilities and business acumen on the island with the success of the original Paper Fig Kitchen as well as The Fig East End, which opened this

continued on page 24

# Oooooops we did it again.



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## Florida Tomatoes





by Chef John Wolff

here are so many ways to enjoy tomatoes; eaten like an apple fresh from the garden, underneath a layer of cheese and veggies on pizza or on top of spaghetti as sauce. It's hard to imagine life in the United States without the tomato.

The truth is, Americans didn't start growing and eating them until the 1800s. Many people believe our third president, Thomas Jefferson, was the first American to not only grow, but also eat the tomato. Up until this time, many thought the plant was a beautiful decoration, but poisonous to eat. By 1870, tomatoes began to be grown commercially.

It is believed that the first major farms to grow tomatoes for markets in the United States were in Manatee County in the west-central region of Florida. Today. Florida ships more than one billion

pounds of fresh tomatoes to the rest of the United States, Canada and other countries. That is approximately one pound of tomatoes for each person living in India. That's a lot of a delicious fruit that eats like a vegetable.

Tomato growing in Florida was introduced to the northern portion of the state after the Civil War. CP Perry and PF Wilson were experimenting with small garden patches of tomatoes and other truck crops in Alachua County (Gainesville) by 1870. In 1872, an experienced commercial vegetable grower came to Florida and successfully grew 20 acres of tomatoes, which is considered the first extensive commercial planting in the state. Because of this and other successes, the Arredondo region of Alachua County became the first major tomato producing area in Florida.

As early as 1872, tomatoes were also being grown on Sanibel Island and the lower Gulf Coast. These areas lagged behind their northern counterparts, largely due to shipping routes and lack of access to railroads. It was necessary to ship by boat from anywhere along the Gulf Coast south of Sanibel. By 1900, the railroads had reached the southern part of the state, which was able to produce tomatoes earlier than in the north, and tomato production in the north quickly dwindled.

Today, with almost every southern county in the state growing tomatoes, Florida produces nearly all the freshmarket, field-grown tomatoes in the United States from October through June and accounts for nearly 50 percent of all fresh tomatoes produced across the country.

A fruit or a vegetable? While there's often debate about how to classify the tomato, there's no debate that Florida is one of the best places in the country to grow it. The state's warm and sunny conditions create an ideal growing environment for what is botanically a fruit but is usually eaten and prepared like a vegetable.

We all know the tomato is very versatile. Here is a simple recipe that you can add to your repertoire:

#### Fresh Heirloom Tomato Salad

1 package (5 ounces) spring mix salad greens

- 3 tablespoons olive oil
- 2 tablespoons balsamic vinegar
- 1 teaspoon Dijon mustard
- 1 garlic clove, minced
- ½ teaspoon sugar
- 1/4 teaspoon dried oregano
- 3 large heirloom tomatoes, sliced
- ½ cup fresh basil leaves
- 1/3 cup pine nuts, toasted
- 3 tablespoons chopped red onion 2 ounces fresh goat cheese, crumbled
- Place salad greens in a large bowl.

In a small bowl, whisk oil, vinegar, mustard, garlic, sugar and oregano until blended. Pour over salad greens; toss to coat. Transfer to a large platter. Arrange tomato slices over greens. Top with basil, pine nuts, onion and cheese. Serve immediately.

John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.<sup>‡</sup>

From page 22

#### Pan-Asian Fare

past October. The partners, along with their in-house chef, Kia Snyder, are excited about this new venture and have crafted what promises to be an array of interesting and unique menu items. Patrons may look forward to trying some of their signature dishes such as chili dumpling, a pork dumpling with chili sauce, crushed red pepper, hoison and oyster sauces with a bit of zing. Another favorite menu



Asian inspired artwork adorns the walls

photo by Allison Havill Todd

item is their pork eggroll, a bacon and Chinese barbecue pork, cabbage and garlic combination. While the initial focus will be on Chinese inspired cuisine, look for some Thai influenced menu items as well as sushi in the future.

At last, Sanibel and Captiva island residents and visitors have a local Chinese takeout option with hand-crafted menu items that are certain to tantalize your palette.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/ thedoggiemom.☆









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# Make The Most Of Winter Break At Sanibel Library

top by Sanibel Public Library to play with the new digital board game table. The Infinity Game Table features digital versions of both classic and iconic board games like Hasbro's Monopoly, Scrabble, Trivial Pursuit, Chutes and Ladders, Candy Land and Yahtzee. There are also puzzles, card games, coloring books and comic books. Play with friends or try some of the one-player

Enjoy the weather and water views by spending time on the screened-in reading porch. The reading porch is not only a fresh air place for reading, it also provides space for patrons to get their work done, with access to stable, high speed WiFi.

Stop by the Selfie Station in the main lobby, which snaps photos, then creates a collage you can email to yourself or your friends up north.

In addition to access to cooking databases and cookbooks, the library loans cooking kits, which check out like library books. The kits are circulated in bags with a coordinating cookbook and instructions. Try the soup pot, football-themed server, cookie kit or crêpe kit. Borrow cooking magazines like Bon Appétit, Cook's Illustrated and Food & Wine in print, or use your library card to borrow ebooks and magazines with the Libby or Hoopla app.

The library offers passes to four of



Vivi Whalen of Sanibel Public Library with a photos provided Launchpad

the area's popular attractions - Bailey-Matthews National Shell Museum, Sanibel Historical Museum and Village, Golisano Children's Museum of Naples (C'mon) and CROW Visitor Education Center. Call 472-2483 to place a hold on a pass.

Younger patrons can borrow DVDs, books, birdwatching kits with binoculars, reading kits or Launchpads. The library also loans videogames like Minecraft, Forza Horizon 4 and Spider-Man for Xbox or PlayStation. Anyone with a library card can borrow games for one week at a time. More than 25 games are offered. Teens can also come in to play on the Xbox Series S, which is located in the teen area. Launchpad Playaways and loaning videogames are pilot projects funded in part by the Sanibel Public Library Foundation.

You can borrow crafting, knitting and sewing magazines, or shellcrafting, quilting,

FAVO



Ian Wainwright and Ozzy Flores of Sanibel Public Library with cookbooks

upcycled clothes, papercraft and other crafting books in nonfiction.

The library offers a book concierge service for patrons. To request this service online, fill out the Interests form at www. sanlib.org. You can also fill out the form in person at the service desks. Tell staff about your reading history and preferences and they will select a few books for your recommended reading list.

Computer Coach services are offered on Fridays and Saturdays from noon to  $1\,$ p.m. Bring in your device for technology assistance with Hoopla, Kanopy, Libby and other apps. These apps allow cardholders to download ebooks, magazines and

audiobooks, or stream music and movies. Visit www.sanlib.org/techappointment to register or call 472-2483 to schedule an appointment.

The Tech IT Out service offers an easy way to borrow a Dell laptop or MacBook Air. Tech IT Out was a pilot project funded in part by the Sanibel Public Library Foundation several years ago as part of its investment in innovative technology. The kiosk offers a choice of six Dell laptops and six Macbook laptops. The Macs offer apps like Keynote, Google Chrome, FaceTime, and GarageBand. The Dells have PowerPoint, Excel, Word and games like Mahjong.

Sanibel Captiva Art League is displaying Out of the Box this month, a juried exhibit dedicated to Ann Bishoff and Rita McClain.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) to staff, showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service as well as magazines and daily newspapers are also available.

Sanibel Public Library is located at 770 Dunlop Road. It is open from 9 a.m. to 8 p.m. Monday and Thursday, 9 a.m. to 5 p.m. Tuesday, Wednesday, Friday and Saturday. The library will be closed on Friday and Saturday, December 24 and 25 for the Christmas holiday. For more information, call 472-2483.☼

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#### Pan Seared and Bacon Wrapped Mullet

- 4 (4-6 ounce) Mullet fillets
- 2 tablespoons honey
- 4 strips bacon
- ½ cup barbecue sauce (your favorite)
- 1 tablespoon oil, for cooking
- Sea salt and fresh ground pepper, to

In a small bowl mix the barbecue sauce and honey together and set aside.

Preheat a pan over medium-high heat. Season fillets with salt and pepper then wrap each with one strip of bacon. Add oil to pan and place the bacon-wrapped fillets into hot pan. Sear each side for three minutes or until the bacon is crispy and the fish is cooked thoroughly. Remove from pan and brush a thin layer of honey barbecue onto each fillet. Serve warm.☆



Pan Seared and Bacon Wrapped Mullet

photo courtesy Fresh From Florida

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## **Choral Group** To Perform At **Local Churches**

tart your New Year off with the rich sounds of Rachmaninoff's Vespers from the All Night Vigil service of the Russian Orthodox liturgy, performed by Choral Artistry.

Concerts are scheduled at Sanibel Community

Women

Dr. Trent Brown Church on Friday, January 7 at 7 p.m., St. Mary's Episcopal in Bonita Springs on Saturday, January 8 at 7 p.m. and Trinity by the Cove Episcopal in Naples on Sunday, January 9 at 4 p.m. There is no charge for admission but free-will

donations will be accepted. Formerly performing as The Symphonic Chorale of SWFL, these are Choral Artistry's first community-wide performances under its new name. which was announced in August at the beginning of its 10th anniversary/Take2 Season.

"Sung in Russian, Vespers is all acapella, definitely a challenge, and remarkable for the musical independence of each line," said Choral Artistry's Artistic Director Dr. Trent Brown.

Empowerment Exhibit At Library

anibel artist Myra Roberts has

her educational work centers on social

commentary portraits. Spokeswoman

is her most recent series of poster-style

paintings. Featured subjects include: diarist Anne Frank; artist Frida Kahlo; attorney

and academic Anita Hill: actress and social activist Audrey Hepburn; and a portrait of the fourth United States Secretary of Labor

Frances Perkins, made entirely of sequins.

represent women's empowerment," said Roberts. The 24-painting Spokeswoman

an artist reception on Thursday, January

her works and sign copies of the book

and short biographies of 24 women of

Spokeswoman, written by Stephanie

Anderson, which includes portraits

exhibit opens at Sanibel Public Library with

6 from 5 to 6:30 p.m. Roberts will discuss

'This project focuses on remarkable women from the U.S. and throughout the world - living and deceased - who

displayed her work throughout the United States and Europe. Much of



"Rachmaninoff was most excited and passionate about this work and it is one of his few choral compositions.

The concert will also include Rachmaninoff's Vocalise featuring soprano soloist Kate Lucander, Alexander Gretchaninoff's Our Father and a Russian folk tune or two.

On Friday and Saturday, January 28 and 29, Choral Artistry will host a 10th anniversary celebration of its popular Sing Out! SWFL Choral Festival in Fort Myers, where all community and visitor singers get to "join the chorus" (without audition) for a weekend of singing and camaraderie. This SingOut! celebration will feature the most popular choruses and solos from Handel's Messiah, a much beloved work sung by choruses around the world. This theme commemorates the Symphonic Chorale's inaugural performance, Messiah at the Mann, at Barbara Mann Hall in 2011 as well as its first Sing Out! Messiah Festival in 2013. The festival runs from 7 to 9 p.m. on Friday and from 9:30 a.m. to 4 p.m. on Saturday. The weekend will conclude with a free Sing Out! Messiah Festival concert performed by the chorus with chamber orchestra at 7 p.m.

The festival will be held at New Hope Presbyterian Church, located at 10051 Plantation Road off Colonial Boulevard in Fort Myers. For more information, visit www.choralatistry.org, email contact@ choralartistry.org or call 560-5695.

Students may participate for free and a discount is available for groups of five or more singers registering together.☆

image provided

paved the way for community housing.

Roberts donates funds and works for benefit auctions and devotes extensive amounts of time to lecturing at schools, clubs and other venues locally and around the nation. Her paintings are in public and private collections across the United States and Europe.

The show will remain on view until Saturday, January 29 at Sanibel Public Library, located at 770 Dunlop Road.



**BAILEY-MATTHEWS** 

# NATIONAL SHELL MUSEUM

**2022 Season New Exhibits** and Programs



Photo by Andrew West/The News-Press

#### **EXHIBITS**

**RED, BLUE, GREEN:** An Introduction to Water **Quality in Southwest Florida** 

January 15-June 10 Produced in partnership with Sanibel-Captiva Conservation Foundation

**BLACKWATER MOMENTS: Nocturnal Photography of Open-Ocean Mollusks** December 10-May 30

#### **LECTURES**

Jan. 21: Environmental writer **CYNTHIA BARNETT** 

Feb. 1: The Soul of An Octopus author SY MONTGOMERY (pictured) This lecture is made possible by Fran Peters/Island Vacations

Feb. 16: Metropolitan Museum of Art curator BRADLEY STRAUCHEN-SCHERER

Mar. 15: Diver and photographer **LINDA IANNIELLO** 

Apr. 6: News-Press visual journalist **ANDREW WEST** 

Registration and details at ShellMuseum.org



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On Monday, January 10 at 10 a.m., Roberts will lead a tour of the exhibit and and hold a book signing at the library.

In addition, Roberts will showcase new Women of Sanibel inspired paintings along with Monee Houser, the manatee mailbox. Roberts painted Monee Houser to benefit Community Housing & Resources (CHR)

Frances Perkins by Myra Roberts

and pay tribute to the five women who

#### **BIG ARTS Monday Night Film Series**

#### Two Of Us

by Di Saggau

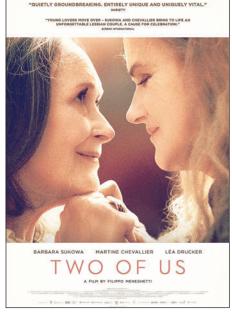
he Monday Night Movie for December 27 is Two of Us, a French film about two older women whose decades long secret relationship is threatened after a tragedy affects the sexual preferences of the two main characters. This often-moving film affirms our universal desire for emotional intimacy and how the right connection can overcome all social and physical limitations.

The central relationship in Two of Us comes from an angle that promises some darkly-shaded intrigue. A dream sequence featuring a game of hide and seek gives way to our meeting Nina and Madeleine, pensioners living across the hall from each other in the same apartment building. They are not just neighbors. For decades, they've been in love, a fact they have managed to keep a total secret.

Madeleine has agreed to sell her beautifully decorated apartment and run away with Nina to Rome, where they can be who they want to be for their remaining years. But during a birthday party, she backs down from her promise, leaving

Nina extremely angry.

The director adds layers of thematic complexity about the notion that love conquers all. He argues that maintaining a lie, especially one that compounds itself with the passing of time, takes a mental and physical toll upon those involved. Such is the case with Madeleine and Nina. The film eventually makes us feel we are heading into thriller territory, but



the director avoids leaning too heavily into certain developments. The primary takeaway of this film is: Even if you have nothing else, if you have each other, you have all you need. The film runs 95 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Alan Ruben will lead a discussion.

Tickets are \$10 and can be purchased online or at the box office. All those who are not fully vaccinated are asked to wear

BIG ARTS is located at 900 Dunlop Road. For tickets, call 395-0900 or visit www.bigats.org.☆

# Poetry Corner



by Clay C. Ewell

#### THE STAR

We three, we humble, we wandering youth, resting among our flock as they graze

The spare and stunted verdure, bleating softly, dam to fluffy kid. They move closer and settle upon the ground in the fading light as

Slips below the rim of the world, where the great ocean sea, it is said, Cascades into eternity.

We speak and gesture so as not to alarm, We sharpen our senses and await the silent approach of our lupine foe.

The world as it is, without malice, without regret, preparing to

exact its

Price, a life sacrificed for a life spared.

We three, we humble, we wandering youth peer as one toward the softly glowing Horizon and yet again we see the star, brighter than all the others, rising Into the night sky and we wonder if what has been said is true That the son of god has come among us. That our savior has come and We whisper cautiously, might it be true, asking how can a man, no different Than any other man, be the son of god. Might he rather be a cruel trick that We play upon ourselves. And the star slowly arcs through the heavens.

They say that many across the land have resolved to journey forth and seek The savior and we have witnessed this thing as we wander among the hills And valleys and we marvel at the power of the word and the silent beacon In the night sky. But we will remain here among our flock, tending to the Ebb and flow of life under the blue sky and the stars.

We three, we humble, we wandering youth, sensing the unfolding, living Each day as a prayer, seeking the center of the world, where the procession of Earthly time joins with the eternal moment of the soul, at the fountain of Love and hope and faith.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Selfemployed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandsunnews.com.☆





# January Programs At Captiva Library

Text month's roster of activities provided by the Captiva Memorial Library offers topics for all ages. The following programs are free to the public:

Adult Programs

Florida Wildlife Corridor – 4 p.m. Wednesday, January 26. Sanibel author and lecturer Charles Sobczak will take an in-depth look at the current state of the Florida Wildlife Corridor" and explore rewilding projects throughout the Sunshine State. He will also explore the impact COVID-19 has had on wildlife behavior and how the fundamental relationship with nature has changed over the past 100 years

Children's Programs

Vote for Your Favorite Cookie -January 4 to 8. Available during normal library operating hours. Vote for your favorite cookie and browse books that feature cookies. One vote per visit.

Storybook Corner: The Mitten -January 11 to 15. Available during normal library operating hours. Make a paper craft featuring The Mitten by Jan Brett.

The Book Jar – January 25 to 29 Available during normal library operating hours. Children can fill out a slip of paper to recommend a book or find out what to read next by drawing one from the book

continued on page 30



Myra Roberts

photos provided

## Exhibit Coming To New Arts Center At Shell Point

Plorida-based artist Myra Roberts will show her Shellebrity exhibit at the Tribby Arts Center in Shell Point Retirement Community from Thursday, January 6 to Saturday, January 22. Roberts will be available for a meet and greet at the center to discuss her works on Friday, January 11



Heron Dance by Myra Roberts

from 10 a.m. to 3 p.m.

Living on Sanibel for 25 years inspired Roberts to create the collection that includes new original watercolor and acrylic paintings of Sanibel beaches.

The beach-themed paintings encapsulate the essence of Sanibel. Roberts brings historical prints and her own stories to life through depictions of nature, shelling, beachgoers and wildlife.

Roberts donates funds and artwork to organizations such as the Holocaust Museum & Education Center of Southwest Florida; Ecostudies Institute of Mount Vernon, Washington; Clinic for the Rehabilitation of Wildlife; Sanibel-Captiva Conservation Foundation; and SanCap Cares/



Artistic Swimmers by Myra Roberts

Golisano Children's Hospital of Southwest Florida. She was recognized with a WGCU 2016 MAKERS award, which is given to women who make a lasting impact in Southwest Florida. Her paintings are in public and private collections across the United States and Europe.

Roberts has received letters of endorsement from the likes of Hillary Rodham Clinton and the Jane Goodall Institute for her Faces of Anne Frank project

The Tribby Arts Center is located within Shell Point Retirement Community at 17281 On Par Boulevard in Fort Myers.



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## Our Woman In Moscow



by Di Saggau

ur Woman in Moscow by Beatriz Williams is a Cold War tale of espionage and family devotion. It weaves a fascinating story of two sisters, a family divided by chance, choices

and geo-political theories. The action takes place between 1940 and 1952 in America, Italy, England and Russia.

Two sisters orphaned at an early age share loss and a dramatic shift in their lives. They are fraternal twins and seem to be vastly different physically and psychologically. Ruth is blond, tall and selfassured with a position in the glamorous world of New York fashion modeling. Her

sister Iris is brunette, petite and shy. In 1948, Iris vanished from her London home with her American diplomat husband and their two children. People are shocked by their disappearance and wonder about their involvement with the Soviet intelligence service. Or have they defected to Moscow with vital secrets?

Ruth receives a postcard from Iris four years later and immediately flies to Moscow, posting as the wife of a

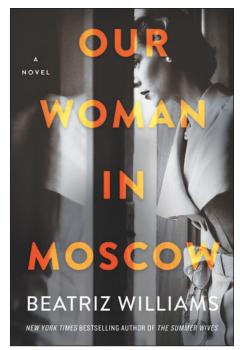


image provided

counterintelligence agent named Sumner Fox. They have an interesting relationship. It's all part of a plot to extract Iris and her family from behind the Iron Curtain.

As the sisters race toward safety, a dedicated Soviet KGB officer, Lyudmila, forces them to make a heartbreaking choice. Lyudmila has never left the Soviet Union and does not even possess a passport. To travel overseas is to bring attention to yourself, and she has enough to do in Moscow, stamping out the sparks of a counterrevolution.

Our Woman in Moscow is full of action with interesting characters and a conclusion you don't see coming. I found it to be a gripping read with suspense and

## School Smart



by Shelley M. Greggs, NCSP

Readers. Here is my annual reminder that some of the best gifts you can give your children this holiday season or anytime are gifts from the heart.

During this busy time of year, think about giving your children some extra support by choosing highly expressive words that convey a strong belief in your child. Kids quickly forget their new toys, but they will not forget your words of love,

encouragement and praise.

Sometimes, though, parents find it difficult to express their thoughts and support for their children. Here is a list of highly expressive and meaningful phrases that child psychologist Yekaterina Kes has put together to use with your child. All of them will help your child to understand the depth of your love and affection for them. What could be a better present to them than that?

#### Expressing belief in your child:

I trust you

I believe in you

I respect your decision

It won't be easy, but I'm certain you'll do it

You're doing everything right You understand this perfectly How did you manage to do this so well?

Teach me how you do it, so I can succeed like you

You can do it better than I can You're better at this than me

#### Crediting their hard work:

I can see how much work you put into this

I can see how hard you tried You worked so hard on this, and you achieved it perfectly!

You're making fantastic progress! I can see you spent a lot of time on this I can imagine how much effort you had to put in to achieve this!

You must have worked so hard to get this result!

All that hard work paid off!

#### Being thankful for the time you spend together:

I really appreciate you spending time with me

I can't wait to play with you tomorrow It's so interesting to do this with you I really enjoyed playing with you I'm so glad you're at home with me I'm having so much fun being with you

#### Helping them evaluate their own performance:

What do you think about this? You must be so proud! What's the thing your most proud of? What's your opinion on this?

How would you evaluate your own work?

And what do you think of the result? How do you wish it had gone?

#### Being thankful for their help:

Thank you so much for doing this I'm so grateful that you helped me with

You really helped me out Thanks for understanding I don't know what I would have done

without you Without your help I wouldn't have succeeded

You helped me to get through this quicker

The house is so tidy thanks to you

#### Describing what you see:

Your bedroom is so clean!

Wow, you've made your bed! Fantastic! There are so many beautiful colors in

this picture! I can see that you really tried hard I noticed that you cleared the table yourself. Well done!

#### Describing how you feel:

I just love spending time with you I'm so happy when you're at home I love being part of your team I love hearing your opinion I'm so incredibly grateful that I have

It makes me so happy when you're around to help me.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit 

From page 28

#### Library

jar. Located by the new book display. Teen Programs

The Book Jar – January 4 to 8. Available during normal library operating hours. Recommend a book to another teen by filling out a slip of paper with the title and author and place it in the book jar. Pick a slip of paper out of the jar for an idea on a new book to read.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva, open Tuesday through Thursday from 10 a.m. to 6 p.m., and Friday and Saturday from 9 a.m. to 5 p.m.

For more information or to register, call 533-4500. Visit www.leelibrary.net to find out about programs at other locations. Call the host library or 479-INFO (4636) for more information about a program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia, 533-2314, Florida Relay Service 711, or jlaguardia@ leegov.com. Accommodation will be provided at no cost. Requests should be made at least five business days in advance.₩





From left, Peggy and Chuck Hogg with Willie and Tom Winkler

# Island Cotillion Holds Holiday Dinner Dance

The Island Cotillion opened its season on December 9 with a holiday dinner and dance at The Sanctuary Golf Club. Hosts for the evening were Chuck and Peggy Hogg, and Tom and Willie Winkler. Music was supplied by Cahlua & Cream. This was the first time the group has gotten together in over a year and a half.

The next dance for the Island Cotillion is scheduled for Wednesday, February 16. For more information about upcoming events or membership, contact Julie Boyd at 395-0464.



photos provided Mike and Carmen DeTomasso



Elizabeth Boone and Lyndon Borror



New members, Julie Rosenberg and John Ciprus





# It's Like Shopping In A Park!

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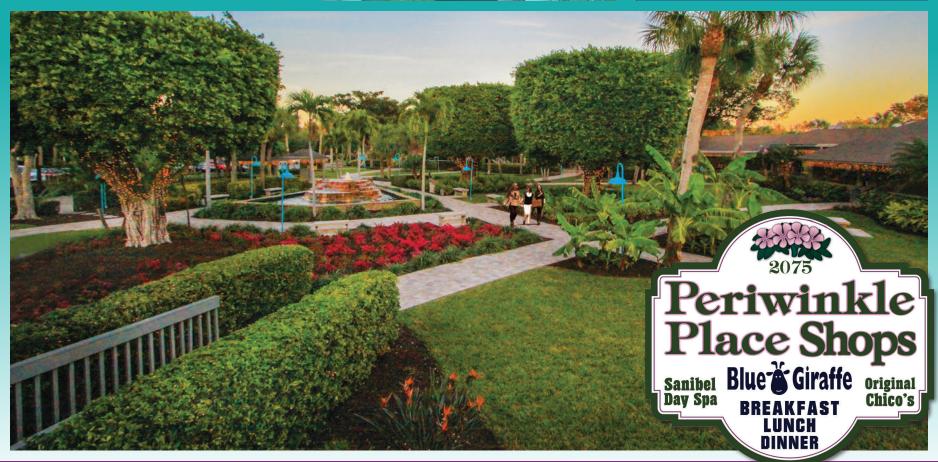
By The Lee County Visitor & Convention Bureau











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BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 29, NO. 26

#### SANIBEL & CAPTIVA ISLANDS, FLORIDA

#### **DECEMBER 24, 2021**

# Director To Speak On Airport Expansion Project

Ben Siegel, executive director of the Lee County Port Authority, will speak at the Wednesday, January 12 luncheon meeting of the Sanibel & Captiva Islands Chamber of Commerce. The meeting will be held at Sundial Beach Resort & Spa and begins at 11:30 a.m. The Florida Restaurant and Lodging Association will co-host and Adventures in Paradise is sponsoring the meeting.

Siegel will be discussing the Southwest Florida International Airport (RSW)
Terminal Expansion Project, the second-largest public works project in Lee County history, surpassed only by the airport's Midfield Terminal Complex construction completed in 2005.

Plans for the three-year project include



Ben Siegel

photo provided

consolidating the Transportation Security Administration (TSA) checkpoints into a new 16-lane configuration and providing additional seating, concession spaces and a business lounge. In total, the project will include a remodel of more than 164,000 square feet of space and add 117,000 square feet of new walkways and concession space to the terminal.

"You won't want to miss this meeting," said John Lai, chamber president and chief executive officer. "Ben will let us in on the impact the new expansion will have on tourism and other business in our area."

Siegel is responsible for the administration, operations and development of RSW and Page Field (FMY). He holds a bachelor of science degree in business administration from University of South Florida and is a certified public accountant. A certified member of the American Association of Airport Executives, Siegel is also a member of the Florida Airports Council, Airports Council International-North America, Florida Institute of Certified

Public Accountants, and the American Institute of Certified Public Accountants. He is an executive committee member of the Horizon Council, a local board that advises on Lee County economic development issues, and a member of the executive committee for Healthy Lee, an organization that promotes corporate wellness and healthy lifestyles.

The chamber business lunch is a monthly networking opportunity held at various member locations. The chamber strives to provide speakers to discuss relevant business topics for the membership.

Sanibel-Captiva chamber members receive meeting invitations by email. Cost for luncheon attendance is \$30 for chamber members only. Advance registration is required to attend; walk-ins are not accepted. Register by 5 p.m. on Friday, January 7 at www.sanibel-captiva. org or by calling 472-8255. Payment is due at time of registration.

# City Council Approves Site For Police Station

by Wendy McMullen

After several months of considering options to rehouse the Sanibel Police Department, city council formally directed city staff to move forward on new construction at the current recycling center on Dunlop Road.

The tentative proposal is for a 10,000-square-foot, two-story building with secured parking for 10 vehicles under the building and 49 additional parking spaces outside. This meets city requirements of five parking spaces for the first 1,000 square feet and one space per 250 square feet of additional building area. Officers will continue to take their vehicles home.

A new stand-alone emergency power generator is required for the proposed building's critical equipment.

The existing west bike trail alignment along Dunlop Road shall be realigned between the building and the proposed dry detention pond and reconnect to the existing south bike trail alignment along Dunlop Road.

The cost of the new building is yet to be determined but it is expected to be in excess of \$10 million, with an additional 10 to 12 percent for design and engineering. ADG Architecture's Jennifer Gloer reported in September that the cost



Proposed site for the Sanibel Police Department

of any plan would be approximately 30 percent higher due to costs of materials such as wood and steel.

At a recent special meeting, council favored constructing the new station at the

recycling center site rather than expanding the current premises at city hall or a new building adjacent to city hall on what is now the city parking area. The city has \$403,825 remaining from the already

image courtesy City of Sanibel

budgeted amount for design services. ADG Architecture had already produced alternate designs for expanding the current police facilities and for constructing continued on page 20B



From left, Shane Grant, Chris Jackson, Rob Doer, Craig Shelby, Brian Howell and Rob Wilkins photos provided

# Lions Thank Fire Department For Unloading Trees

submitted by Bill Sartoris

The Sanibel Captiva Lions Club thanks the firemen of the Sanibel Fire Department for their help in unloading Christmas trees on November 26. With their strength and enthusiasm, the unloading of the trees was done in record time. We as a community are lucky, that in addition to their professional service in fighting fires and providing

EMT aid, they are willing to help not-forprofit organizations. Shane, Chris, Rob, Craig, Brian and Rob, we could not have done this without you.

Thanks to Richard Johnson for making the old gas station at Bailey's available for the tree sales. The Lions also thank Sanibel artist Judy Wagner for donating hand-painted shell ornaments. They were a real hit with our tree customers.

We also want to thank our loyal tree customers. Again, this year, we did not get the number of trees that we ordered – the bane of the supply chain problems. Our loyal customers bought their trees early and we were almost sold



Lions Steve Shulz and Bill Sartoris delivering remaining Christmas trees to Jennifer Pagano and Heike Gosselin at FISH of SanCap

out by December 15. At that point, we only had four trees left and we donated the remaining trees to FISH of SanCap to help needy families have a more decorative holiday.

The Sanibel Captiva Lions wish everybody a happy holiday season and a healthy new year.

The Sanibel Captiva Lions Club has been serving the Sanibel and Captiva Communities for over 50 years. While the Lions Club is most known for its effort to eliminate preventable blindness, the club serves citizens of the islands and

greater Southwest Florida in a variety

of ways. The local club is part of Lions Club International, the largest service organization in the world with over 1.4 million members in chapters in over 200 countries.

The club holds regular dinner meetings on the first and third Wednesday of the month during the year. Visiting Lions or other interested parties are welcome to attend. For more information on the Sanibel Captiva Lions Club, contact Lion Steven Schulz, membership chair, at P.O. Box 391, Sanibel, FL 33957 or 233-6261, or visit the website at www. sanibelcaptivalionsclub.org.

#### Letter to the Editor

FROM: Fred Stanback, Island Homeowner

Having been coming to Sanibel since I was a young adult and owning an island home for decades, I was pleased to read about a number of land acquisitions by the Sanibel-Captiva Conservation Foundation (SCCF) and the "Ding" Darling Wildlife Society (DDWS) over the last several years, with the most recent acquisition effort currently under way by the Society to acquire 8.2 acres.

There is no more land. It is up to all of us to try and save what is remaining, particularly in environmentally sensitive areas, such as Sanibel Island. While I am glad to see another land preservation under way, I am writing to urge the City of Sanibel and its leadership to consider tightening its allowances for additional building on open land.

As an island homeowner concerned with any continued development on Sanibel, I have had many conversations with local leaders over the years expressing the importance of preserving any undeveloped land that is remaining on the island. Through these conversations, I was made aware that there is a large parcel of land near the Sanibel Dairy Queen owned by an island church. I am not sure if this is accurate, but this church supposedly has plans to take this undeveloped land and turn it into a church retreat location or conference center. Should this be the case, it would be my hope that the "Ding" Darling Wildlife Society, Sanibel-Captiva Conservation Foundation, City of Sanibel and Lee County Conservation 20/20 all work collaboratively with church leadership to purchase this property for preservation and conservation. It is these values that have contributed to the success of this island. We need to come together as a community and save the little amount of remaining land on Sanibel. From what I understand, this is the last large parcel of land that could build a significant structure(s) on the island.

It would be my hope that church leadership would reimagine their mission to allow a win for both conservation and their own congregation. Potentially, that could look like expanding off the island or in their own existing footprint.

In experiencing this unprecedented growth in Florida and increased demand for homes and real estate, it is important that the new city manager and the Sanibel City Council members work with conservation groups to see what can be done to protect this large property from development. This is critical habitat and is something that needs to be preserved. I have expressed interest in financially supporting an effort involving the county but the owners of this property have to first be willing to sell it to the county.

This island is now in a position where it needs to stand up and save whatever remaining land is left. I am certain the "Ding" Darling Wildlife Society and the Sanibel-Captiva Conservation Foundation would collaborate with the Lee County Conservation 20/20 program in working with the church to begin this conversation. The value of this property would go a very long way in supporting the church's mission and be far more effective in reaching more people than building a retreat/conference center, if that is the intention. I urge the church leadership, the City of Sanibel leadership and the number of conservation leaders on this island to work together in making this a win/win for the island, its residents, and its wildlife.

# BURNS family TEAM







#### 1. BEACH HOME IN THE DUNES - SANIBEL

- 2 BR/2 BA home with updated kitchen, wood ceilings, and a spacious screened porch with views of the private backvard.
- · Short walk to the clubhouse, 18 holes of beautifully manicured golf course, restaurant, tennis courts, pool, and nights of entertainment and fun.
- \$899,000 EURO 795,441

#### 2. On A Whim - CAPTIVA

- 2 BR/2 BA cottage located steps to the Bay in the Captiva
- · Newly painted, wood plank tile floors, multiple lanais, and colorful décor
- \$1,295,000 Euro 1,151,535

#### 3. SUNSET CAPTIVA 57 - CAPTIVA

- 2 BR/2 BA plus loft charming home with updated kitchen, vaulted ceilings, fireplace, and multiple lanais
- Community amenities include beach access, pool, tennis, shared dock, fishing pier, and more
- \$1,399,000 EURO 1,238,674

#### 4. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR, 3.1 BA home completely renovated with gourmet kitchen, soaring 2 story ceilings and incredible views
- · Private office, library, formal dining room, private pool, 2 car garage, and more
- \$2,695,000 EURO 2,204,949

#### 5. Direct Access Basin Home on Limpet Drive - SANIBEL

- · 3 BR/3 BA home on one of Shell Harbor's most sought after streets with wide boating basin & deep water direct access
- · Private dock with composite decking & captain's walk, travertine pool deck with spillover spa, and new roof
- \$2,395,000 Euro 2,040,677

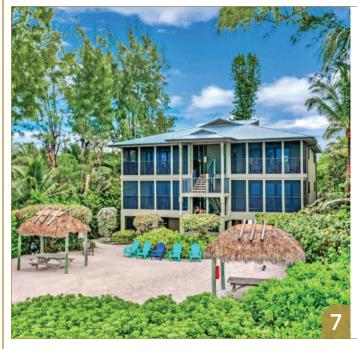
#### 6. SHORT WALK TO THE BEACH - SANIBEL

- 3 BR/ 4 BA + den home constructed by Gulf To Bay Homes in prime location in the Beachview community
- Open kitchen, high ceilings, private pool with spillover spa and 2 story enclosure. All just a short walk to the deeded beach access
- \$1,749,000 EURO 1,434,917













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## Shell Club Looking For 2023 Shell Show Chairs

submitted by Linda Friedrich

he year 2022 marks the 85th year of the Sanibel Shell Show, the longest-running shell show in the country, and now there is an opportunity for the right people to add their special touch to make this widely acclaimed show even better.

The club is looking for volunteers to replace retiring Shell Show Chair Joyce Matthys and Artistic Division Chair Mary Burton. They will serve in their positions for the coming shell show and will support the new chairs preparing for and during the 2023 show. Knowledge about shells is not required.

The shell show chair works with and guides committee chairs to accomplish their committees' goals. During the week of the shell show, the chair is on site to manage any problems that may arise. The artistic division chair is responsible for organizing and executing preparations for the division and being available during the show to answer questions.

Besides the scientific division chair and the artistic division chair being available to answer questions during the shell show, at least one of the shell show judges in each division is also on hand to answer questions.

The Sanibel-Captiva Shell Club needs to find volunteers for these positions before the end of January so the volunteers can "shadow" the 2022 chairs to learn the ropes and to be ready to step into the positions in 2023. Interested individuals do not need to be current members of the Sanibel-Captiva Shell Club. If these positions are not filled, the 85th annual Sanibel Shell Show would be the last shell show.

The club encourages interested individuals who may have questions about these important positions to contact Joyce Matthys at 503-871-1082 or joycematthys1@gmail.com, or Mary Burton at 395-3626 or marybsanibel@hotmail.com.\$

# County Releases Video On Toll **Operations**

ee County has developed a new video to help visitors be aware of the all-electronic tolling the county has implemented in order to align with the state.

To view the video on YouTube, go to https://youtu.be/r5XP55nshkI

It is also featured on the following Lee County websites: www.leegov.com page, on www.leegov.com/tolls and www.leegov.com/tolls/electronic.☆

# Changes To Grouper And Snapper Harvest

everal species of grouper and snapper will either be open or closed to harvest in gulf and Atlantic state waters starting January 1.

Red grouper will reopen to recreational harvest in gulf state waters (excluding Monroe County).

Blackfin, silk, queen and wenchman snappers will reopen to recreational and commercial harvest in gulf state waters.

Gag grouper will close to recreational harvest in gulf state waters.

Gag, black, red, yellowmouth and yellowfin grouper as well as scamp, red hind, rock hind, coney and graysby will close to recreational and commercial harvest in Atlantic state waters (including Monroe County).

If you are boating or fishing in the Atlantic this winter, be on the lookout for North Atlantic right whales. These endangered mammals are extremely hard to spot and collisions have caused costly damage to boats, put passengers and crew at risk, and injured and killed right whales. With fewer than 350 left, right whales are one of the world's most endangered large whale species. Learn more about what you can do to prevent right whale collisions at www.myfwc. com/research by clicking "Wildlife."

For more on these regulations, visit

www.myfwc.com/marine or download the fish rules app at www.instagram. com/fishrulesapp or www.facebook. com/fishrulesapp. \\

# **FWC Drafting** New Guidelines For Nesting Birds

he Florida Fish and Wildlife Conservation Commission (FWC) approved continued development of species conservation measures and permitting guidelines for four state-listed beach-nesting bird species, including the American oystercatcher, snowy plover, least tern and black skimmer. All four species are included in one set of draft guidelines, available at www. myfwc.com/wildlifehabitats/wildlife/ species-guidelines.

Staff will return to a future FWC meeting for final approval of the guidelines. For more information on Florida's shorebirds, go to www.myfwc. com/shorebirds.

The guidelines are designed to be a tool for landowners, consultants, agency partners and other interested parties on how to conserve these species. They provide species-specific information on key issues relevant to real-world conservation.

For an overview of how Florida conserves imperiled species, visit www. 



860 LINDGREN BLVD Lot in Shell Harbor 1/3+acre overlooking wide basin on sea-walled canal with patio dock. Steps to community gulf access. Minutes by boat to bay, & gulf. \$1,200,000



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Susan Andrews, Realtor, Broker/Owner



David **Anderson** Realtor. **Closing Coordinator** 



Lisa Murty Realton



Notary

# SAFETY & SECURITY ON SANIBEL

# AN EFFICIENT, OPERATIONALLY EFFECTIVE AND FISCALLY RESPONSIBLE APPROACH

- The City has identified a new Police Headquarters as the City's most pressing facility need.
- A new stand-alone building has been chosen as the best option.
- The City-owned site next to the fire station fronting Palm Ridge Road, containing an obsolete building planned for demolition, should be strongly considered for the new Police Headquarters site for the following reasons:
  - Synergies gained through proximity to fire and rescue operations.
  - Current Helipad location and sharing of other critical resources.
  - Excellent roadway access north, south, east and west.
  - Flexibility for future expansion.
  - An already developed site with no environmental issues (endangered species and undisturbed land)

The adjacent former SanCap Bank building would make an excellent City Hall Annex for departments that are currently overcrowded and/or benefit from proximity to the Police Department.

THE PURPOSE OF SANIBEL'S GOVERNMENT IS TO BEST SERVE ITS CITIZENS LET'S MAKE CERTAIN WE ARE GETTING WHAT WE NEED AND ARE WILLING TO PAY FOR

# New Pavilion Opens At Sanibel Historical Village

The Sanibel Historical Village held a ribbon-cutting on December 12 for its new pavilion, decked out in style with a timeline, oversized historical photos, new landscaping and holiday decorations.

'We've been talking about a pavilion for years, to have a place where people could gather and where we could better facilitate the beginning of our tours," said board member Gayle Pence, who was chair of the pavilion effort. "We also wanted a place to locate the timeline we've been planning for a long time. What's great about having it in the pavilion is that even when the museum is closed, it will be available to guests walking the property so they can learn about and celebrate Sanibel's history."

The pavilion is 28 by 24 feet and

is equipped with water and electricity sources. It contains benches and could provide a good venue for a variety of outside projects. For example, last year's Twilight Talks during COVID-19 had to be held outside in the exact location where the pavilion now sits. "Wouldn't it have been fantastic to be able to hold them in the pavilion for the comfort of our guests and speakers?" Pence said. "It just offers us a lot more opportunities.

The board thanked Sanibel City



From left, board members Annette Hendrick, Gayle Pence, Bill Rahe and Tracey Tenney at ribbon-cutting

Council, former City Manager Judie Zimomra and city staff for their support as the village strives to fulfill the Sanibel Historical Museum & Village's mission to "preserve, share and celebrate

Sanibel's history."

Pence offered a thank you to the many donors to the village who made the pavilion possible. She also thanked Benchmark General Contractors and foreman Brian Wood for their exemplary craftsmanship, partnership and cooperation, and Amy Nowacki, the architect who designed the pavilion.

Board member Tracey Tenney chaired the effort to do the timeline and other displays that are such an integral part of the pavilion's exhibits. She first offered her thanks to Bonnie Frankel, Nancy Siegel and Emilie Alfino for gathering the necessary data and ensuring its accuracy. Thanks are also due to Roger Barbanier of Creative Arts Unlimited Inc. of Pinellas Park, Florida. "What we wanted to accomplish

with the timeline is to give someone taking a self-guided tour a tool to help them learn about the pivotal events and

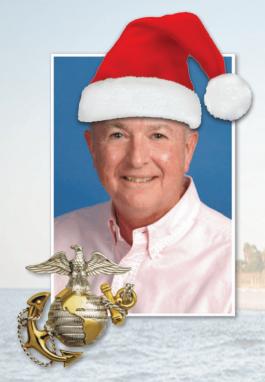
milestones that have shaped Sanibel," said Tenney. "It also gives them an appreciation for how the island has grown from a rustic, undeveloped barrier island to the well-planned and charming community that we have today.

Tenney said that the pavilion is a beautiful add-on to the village in and of itself, and the timeline makes the pavilion that much more purposeful. 'Many of our visitors are self-guided, and the timeline is a natural way to complement the pavilion for guests looking for a way to enhance their experience. The pavilion provided the perfect home for it. Together, it was a win-win situation.'

The timeline has already provided a theme for future village events. It is a theme that has been incorporated into the holiday decorations, with individual timelines showing that each building had multiple lives.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks are required inside the buildings. Guided tours are available if reserved in advance for groups of no more than six, depending on docent availability.

The Sanibel Historical Museum & Village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18; no charge for members and children. The village has handicap access to all but one building. For more information, call 472-4648 or 



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\$599,000 John Nicholson, McMurray & Members 239.849.3250

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\$7,995,000 MLS 219071271

Trevor Nette 239.281.4435

#### MCGREGOR RIVERFRONT



**3336 W. RIVERSIDE DR., FORT MYERS**• 5 BR, 5.5 BA, 7,000 S.F., 150' River Frontage

• Chef's Kitchen, Large Wine Cellar \$5,300,000 MLS 221080998 McMurray & Members 239.850.7888

#### MCGREGOR RIVERFRONT



11550 MCGREGOR BLVD., FORT MYERS

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• Panoramic Water & Sunset Views

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McMurray & Members 239.850.7888

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\$2,295,000



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1321 SEASPRAY LN., SANIBEL

• Near Beach, Large Buildable Homesite

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# Ribbon-Cutting Held At The Shack Of Sanibel

he Sanibel & Captiva Islands Chamber of Commerce celebrated the grand opening of The Shack of Sanibel with a ribbon-cutting on December 14. The frozen custard shop first opened its doors on May 25 at 1219 Periwinkle

Chuck and Lisa Whitman built and own The Shack, which is managed by the husband-and-wife team of Hana and Dan St. Gean along with Lynn Hoops. It serves only frozen custard made fresh daily in three flavors by the cup or cone - vanilla, chocolate and the daily special. Customers can also create their own flavor, known as The Shackit, by blending their choice of toppings with frozen custard.

The eatery is also known for its Sanddollars – frozen custard sandwiched between two freshly baked cookies - and more than 50 flavors of pints to go.

'The Whitmans are passionate about sharing what makes their frozen dessert so different and unique," said Hoops. "It's all about the process and the products. Every single day, we start with fresh product; we never use leftovers from a previous day.'

Customers can also customize their own sundaes, plus The Shack serves shakes, floats (root beer and orange) and special treats for children.

We joined the chamber of commerce to work with others in the community to



Chamber representatives and staff members with Chuck and Lisa Whitman, center, at the ribbon-cutting

photo provided

promote and support our beautiful, special islands of Sanibel and Captiva," said Hoops. "We are passionate about bringing a fun experience to all of our customers of every age. The Sanibel & Captiva Islands Chamber of Commerce is always working hard to promote a healthy island for businesses, residents and visitors. We believe our product, staff and customer

service will add to the framework the chamber has created.

'In a short time, The Shack has become an integral part of the island community," said John Lai, chamber president and chief executive officer. Besides endearing themselves through their irresistible taste treats, The Shack team supports SCCF, FISH, Community

Housing & Resources, The Sanibel School, the Bailey-Matthews National Shell Museum, Sanibel Historical Village, and the Sanibel Community Church."
Currently, The Shack is running its "12 Days of Giving" promotion, where it donates a percentage of daily sales to a different charitable organization for each of the 12 days leading up to Christmas.☆



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# Just Say No To Heating

hilly days are ahead for sunny Southwest Florida, but Lee County Electric Cooperative (LCEC) reminds customers to resist the urge to crank on the heat. Since heating costs two to three times more than cooling, it is wise

to consider other ways to stay warm on the chilly winter days ahead. Some energy-efficient options include using an electric blanket or small space heater to stay warm, but it is imperative to abide by all safety instructions. There is also the free option of bundling up in blankets or clothes. If you must turn on the heat, set the thermostat between 65 and 68 degrees Fahrenheit. For more information, visit www.lcec.net.☆



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Chamber representatives were on hand for the new office dedication

# Chamber **Dedicates New** Church Office

t. Michael and All Angels Episcopal Church put finishing touches on its new office in August, and on December 9, dedicated the space along with the Sanibel & Captiva Islands Chamber of Commerce. The church first broke ground last December on the new office, designed by Sanibel architect Amy Nowacki and built by Helenbrook Homes.

"It replaces an office building that was across the parking lot," said Rev. Bill Van Oss, St. Michael's rector since July 2020. "The old office building had some water issues that could not be easily addressed. The new building has a very attractive entry area, gives us more offices, flexible work spaces and is fully up to code."

The church, originally completed in 1961 and known for its stunning architectural design, was one of the first in Florida to be racially integrated and continues to strive for inclusivity, said Van Oss. The new office was made possible by a gift from Dr. Dick Schilling, a longtime member of St. Michael's. One of Dr. Schilling's daughters attended the ribbon-cutting

ceremony to represent the family.

'The new office will help us further our purpose and mission by providing a more functional and welcoming space to work and engage with parishioners and visitors," said Van Oss. "It is also more accessible and energy efficient."

The church meets the needs in the community by offering its facilities for use by various groups such as Alcoholics Anonymous (AA), musical groups and service organizations. Furthermore, its Noah Ark's Thrift Shop and reputation for high-quality music serve residents and visitors of all faiths.

'St. Michael's has filled an important role in the island community that far exceeds its ministry mission," said John Lai, chamber president and chief executive officer. "We are happy to celebrate this new milestone with the congregation.

"We appreciate all that John Lai and the San-Cap chamber do to keep the businesses and organizations connected, and preserving the beautiful environment of our island," said Van Oss. "We are proud to be part of this community and have many members who are active in island organizations."

For more information about the chamber, visit www.sanibel-captiva. org or contact Landen Drake, communications and marketing manager, at 472-8255 or landen@

#### sanibel-captiva.org.☆ notice any damage or issues, remove the lights and cord immediately and replace with a new set. Don't leave your Christmas tree on

for prolonged periods of time, especially overnight. Not only will keeping the tree lights on add to your electric bill, but it could cause a fire if your tree is overly

Don't overload your electrical outlets. Pay attention to safety instructions on your lights.

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# Christmas Tree Safety Tips

Tith so much happening during the holidays, Lee County Electric Cooperative (LCEC) reminds residents that it is essential to keep the following safety tips in mind for your Christmas tree to save on electricity and keep you and your family

Water your tree often. Keep an eye on the lights and cords. Should you



From left, John Costello, Steve Greenstein, Carolyn Rogers, Darrin Grotrian, Robin Cook and Gary Dyer of the trust company, historical village board member Sherry Halleran and Ed photo provided Ciskowski of the trust company

# **Grand Sponsor** Named For Gala

he Sanibel Captiva Trust Company will be the grand sponsor of the Sanibel Historical Village Gala Movie Premiere on Tuesday, February 22, when the documentary Secrets & Stories of the Sanibel Lighthouse will be shown.

"The historical museum and village is

an important part of Sanibel, and we are proud to support them in their efforts to preserve island history," said Al Hanser, ttrust company founder and chairman. "The historical village is a treasure for all of us to enjoy and learn about our island's fascinating history. We are pleased to be able to support such an educational institution.'

'We are honored to have Sanibel Captiva Trust Company be our grand

sponsor once again," said Emilie Alfino, historical village executive director. "They have always been big supporters of our efforts to preserve, share and celebrate Sanibel's wonderful history. We are very

For more information about a business or individual sponsorship, call Emilie Alfino at 472-4648 or 357-1644. "As we all know, it really does take a village - and it takes community-minded businesses and individuals to help keep our village, the keeper of history, alive on Sanibel."

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m., located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults; no charge for members and children. For more information, visit www.sanibelmuseum. org.₩

# Terrapin Conservation Measures Ratified

he Florida Fish and Wildlife Conservation Commission (FWC) approved regulation changes in an effort to further diamondback terrapin

Throughout their range, diamondback terrapin populations are in decline due to a variety of issues including habitat loss, unsustainable collection from the wild due to growing popularity in the global pet market, predation and road mortality. Because of overlapping habitat, there is also a potential for terrapins to be accidentally killed in blue crab traps.

Beginning March 1, the collection of diamondback terrapins from the wild will be prohibited with exception of collection for scientific research with a permit. Also, people who have diamondback terrapins as pets before March 1 may legally keep these animals but must obtain a no-cost permit. The FWC also directed staff to explore options regarding captive breeding of diamondback terrapins, including morphs such as albinos, and to bring that topic back to a future commission meeting.

In addition, by March 1, all recreational blue crab traps will be required to have rigid funnel openings no larger than two by six inches at the narrowest point or two- by six-inch bycatch reduction devices (BRD) installed.

BRDs can reduce incidental terrapin mortality by keeping terrapins from entering crab traps and are intended to have little impact on blue crab catch.

For more information, including the December 2021 commission meeting presentation, visit www.myfwc.com/ commission.

Diamondback terrapins are mediumsized turtles that live in brackish water habitats statewide, including salt marshes, barrier islands, mangrove swamps, tidal creeks and rivers. They eat a variety of foods including snails, crabs, clams, mussels, worms, fish and plants. Five subspecies occur in Florida, three of which can be found nowhere else in the world. For more information on diamondback terrapins, visit www.myfwc.com/ terrapin. For more information on these diamondback terrapin regulation changes, visit www.myfwc.com/freshwaterturtles.\$\tilde{\pi}\$

#### **ISLAND SUN BUSINESS NEWSMAKERS**

#### **Gulf Beach Properties**

he top producer for November at Gulf Beach Properties was Paul Zimmerman.



**Paul Zimmerman** 





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Mary Lou Bailey | 472-5187 x 246



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**NEAR BEACH & ON A CANAL!** Sanibel | 3BR/2BA | Metes & Bounds Pool | Canal Access | Split Floor Plan Across the Street from the Beach \$1,200,000 | MLS 2210791 David Schuldenfrei | 472-5187 x 227



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LISTEN TO THE SOUND OF THE WAVES Sanibel | 2BR/2BA | Sanibel Surfside Gulf Views | Open Concept Floor Plan Garage | Exterior Storage | Well-Maintained \$899,000 | MLS 2210565 Janka Varmuza/Becky Mulka | 472-5187 x 207/204



TOP FLOOR CORNER PENTHOUSE Sanibel | 2BR/2BA | Breakers West Small, Serene Complex | Open Concept Nicely Updated | Private Lanai | Turnkey \$749,000 | MLS 2210673 **Deb Smith | 472-5187 x 251** 



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# Window Treatment Ideas For Every Room



by Linda Coin

A ccessories and accent pieces have a way of bringing a room together and making it feel more complete. A room filled with pieces of art, throw pillows, cozy blankets, coffee table books

and other trinkets can help you ensure a wholesome feel throughout your home. Another critical element that can help you achieve this satisfaction (and that many tend to forget about) are window treatments.

Window treatments are not only a lovely wall accessory, they can also control the amount of heat and cold that enter your living space depending on the season, and protect your furniture from fading due to exposure to UV rays.

Whether you're looking for window treatments for an extra layer of privacy or you feel like your windows are just missing something, there's a great option for every room.

Here are our window treatment recommendations based on the specific

space in your home:

Your workspace needs optimal natural lighting – this will make it easier to concentrate on your projects and ensure clear focus from start to finish. Sheer curtains provide a subtle layer of privacy while brightening the room with

The bedroom is another place that can benefit from natural lighting during the day, but this is also a space that deserves the most privacy. Honeycomb shades can filter out some of the light but offer optimal privacy when you need it most.

The dining room is a great place to wind down with family and friends after a long day of work, wining and dining with your favorite drinks and food. Roman shades are made of bamboo or lightweight fabric, so they let some light in but cannot be seen through. Since they fold up in pleats as they are raised, you can bring in partial light and maintain some privacy depending on the time of day or your mood.

For many, the living room is one of the most important spaces in the home for aesthetics because it's a place to entertain; it's a place to make a strong first impression on your guests as well. Floor-to-ceiling treatments are great for stylistic purposes, but they can also make your walls look taller based on their placement.

The kitchen is just like the home office in the sense that it's a workplace. The more natural lighting, the better. And since privacy isn't the most

important worry in this area of your home, valance treatments make a perfect choice. They add a hint of style to your windows and ensure you're getting the most out of the natural lighting. You can also layer valances over blinds or longer treatments for a formal approach to style.

With so many window treatment options on the market, it can be difficult to decide which ones will help your

home feel cozy and complete. If you need assistance navigating the styles, a design professional can assist. From there, your designer can give you suggestions based on your wants and needs, plus offer their expertise based on what will work best for each room.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.☆

# FISH Of SanCap Holding Financial Fraud Workshop

ISH of SanCap is holding a free community workshop on financial fraud awareness on Tuesday, January 4 at 10 a.m. at The Community House. Joseph Perrino, relationship banker for Wells Fargo, will be the speaker.



Joseph Perrino

A virtual option via Zoom will also be offered. Contact FISH at 472-4775 for log in details.

"Despite the benefits and security that technology can provide, scammers are still taking advantage of people every day," said Perrino, who moved to the Wells Fargo Sanibel branch from Fort Myers. He is approaching seven years in the financial services industry and has a passion for learning and promoting financial health and wellness.

Specific types of scams will be discussed using the Wells Fargo Security Center, an expansive resource offering several tools and information on common scams, how to recognize a scam before becoming a victim, and resources to assist victims of fraud.

"Please join us for this informative presentation that will provide essential knowledge and tools to participants to prevent fraud victimization," said Jennifer Pagano, education and outreach director for FISH.

For more information, contact Maria Espinoza, executive director, at 472-4775 or visit www.fishofsancap.org.

The Community House is located at 2173 Periwinkle Way on Sanibel.







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Holly Peeples

he Clinic for the Rehabilitation of Wildlife (CROW), in conjunction with title sponsor Bank of the Islands/ Edison National Bank, announced the winners of the 40th Taste of the Islands during an inaugural VIP party hosted at CROW's Visitor Education Center recently. Local judges Peter Busch, Gina Birch, Jarred Harris, Gloria Jordan, Norman Love, Holly Smith, Dr. Charlotte Cournoyer, and Geoff and Robbie Roepstorff rated the restaurants' offerings in a variety of categories while Passport holders voted for the People's Choice award sponsored by Rosier Insurance.

Taste of the Islands winners: Best Appetizer: Cielo - Ahi Tuna "Nachos"

Best Meat: Old Captiva House -Pomegranate Glazed Lamb Chops Best Seafood: T2 – Roasted Salmon

with Vegetable Quinoa Best Vegetarian: Sanibel Fresh -

Madras Curry

Best Dessert: Love Boat Ice Cream -Sinfully Cinnamon Apple Cake

Best Adult Beverage: Doc Ford's -Coconut Moiito

Taste of the Taste: Sanibel Fresh -Madras Curry

People's Choice: MudBugs Cajun Kitchen

Restaurants served samples of their award-winning dishes at the party, held for the sponsors. Marcus Preece, general manager of Cielo, served the restaurant's winning appetizer. "Being a part of the Taste of the Islands is an annual event for Cielo. It is such a great experience. Meeting all the supporters of CROW who come out to enjoy meals prepared by restaurants, whether it is on premise, at the 'crawl' events, or even watching all the food preparations virtually through social and mainstream media, is an experience not to miss each year. If you have not joined the Taste of the Islands as a restaurateur or as a supporter, you are missing out on a wonderful time.

Guests got a behind-the-scenes look at CROW including guided hospital tours and animal ambassador interactions. CROW Executive Director Alison Charney Hussey said, "As the longest running Taste in the Lee County area and the longest fundraiser for CROW, we are blessed to have the support and partnership of the restaurants



**CROW Hospital Training Coordinator Becca** Wehmeier with Cob, the Corn Snake, an animal ambassador photos provided



Greg Nelson and Jon Rhodes of Old Captiva House, winner of Best Meat

and sponsors for this 40th Taste as well as throughout the year. Thank you to all who participated and made it such an amazing

David Lowden, Bank of the Islands/ Edison National Bank vice president, said, This is the twelfth year in a row that Bank of the Islands has led the sponsorship for CROW's signature fundraiser, and we are proud to continue to support this fine organization and its vital mission." Charney Hussey acknowledged the 31 participating restaurants and event sponsors, which included Waterman Broadcasting as lead media sponsor, The Silverman Organization and VCA Sanibel Animal Hospital as executive chef sponsors, Waste Management as sous chef sponsor, and Island Sun and The River Weekly News, Sanibel-Captiva Islander/ Island Reporter, and Santiva Chronicle as supporting media sponsors.☆



Ryan Kida of MudBugs Cajun Kitchen, winner of the People's Choice award



Patrick Swett (with his son) of T2, winner of **Best Seafood** 



Marcus Preece of Cielo, winner of Best



Gary Williams and Dakota Struense of Love Boat Ice Cream, winner of Best Dessert



Amy Schmicker and Troy Thompson of Sanibel Fresh, winner of Taste of the Taste



Angela Roehl of Rosier Insurance, the People's Choice award sponsor, with Lori Cook North



CROW Executive Director Alison Charney Hussey, center, with Cindy Hawkins and Cindy Mulroy of Wiltshire, Whitley, Richardson and English



From left, Ed Ciskowski and Al Hanser of the trust company, James Evans of SCCF and Steve Greenstein of the trust company photo provided

# Trust Company Sponsors SCCF Publication

he Sanibel Captiva Trust Company is serving as cosponsor of the Sanibel-Captiva Conservation Foundation (SCCF) magazine, Connecting You to Nature, now in its third issue. Al Hanser, founder and chairman of the trust company said, "We admired SCCF's ingenuity in developing the magazine during the height of COVID in 2020-2021 and feel the content of the publication is of utmost importance to anyone who lives on or frequents our islands and their delicate ecosystem. Let me also mention that we are delighted that James Evans will be CEO at SCCF and anticipate he and his team will continue to elevate this worthy organization."

Connecting You to Nature features four pillars of the organization's work

in protecting and caring for land, water and wildlife. "Last year's launch was enthusiastically received by supporters of the Sanibel-Captiva Conservation Foundation," said CEO-elect James Evans, "so we are building on its success by spreading it even further, and we thank the trust company as well as co-sponsor Doc Ford's Kum Bar & Grille for once again supporting this important vehicle of conservation education on the islands'

The magazine is distributed to all SCCF members, Sanibel and Captiva postal customers, county and state officials, and leaders at the South Florida Water Management District.

The magazine's key mission is to connect community members to their roles in nature through water quality research, policy and advocacy, sea turtles and shorebirds, environmental education, and land and wildlife.

The digital version of the magazine can be shared with family members and friends through the SCCF website at www.sccf.org.☆

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# Island Seniors At The Rec Center

sland Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social - Monday to Friday from 9:30 to 11 a.m.

Bridge – Monday and Wednesday from 12:30 to 3:30 p.m.

Mahjongg - Thursdays from 12:30 to 3:30 p.m.

Page Turners - second Tuesday of the month at 2:30 p.m.

A hot dog lunch will be served from 11 a.m. to noon in the Osprey Room on Wednesday, December 22. Cost is \$3. RSVP to 472-0345.

Page Turners with Louise Fitzgerald is held in the new senior activity area. If you would like to be added to the email list, contact Louis Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

An arts and crafts fair will be held on Saturday, February 5 in the outdoor pavilion next to the ball fields. For information on vendor table rental, call 472-0345

Kayaking begins Tuesday, January 4. Signups begin Wednesday, December

22. Kayaking excursions will continue every Tuesday through the season. There is a \$5 fee for members; \$20 for nonmembers. If you are interested in becoming a leader or would like to be included in the next orientation meeting, contact Shawn Shaffer at 402-305-2813 or fast2swim@aol.com

The Sanibel Recreation Center is located at 3380 Sanibel-Captiva Road. For more information, call 472-0345.

# Chronic Disease Program

ee Health, along with the Self-Management Resource Center, is offering a research-based chronic disease self-management program. Virtual sessions will be held on Tuesdays beginning January 11 from 9:30 to 11:30 a.m. and Thursdays beginning January 13 from 10 a.m. to noon. The Thursday sessions will also be held at Lake Kennedy Center in Cape Coral.

The free workshop is two hours once a week for six weeks. It is designed for people age 18 or older. To register, call 424-3121.☆



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# Shell Club To Resume Meetings

submitted by Linda Friedrich

The Sanibel-Captiva Shell Club will host its first in-person meeting of 2022 on Sunday, January 9 at The Community House. The meeting is open to the public and free of charge. Doors open at 1:30 p.m. with a silent auction of 40 shells and an opportunity for members and guests to visit, following a year of Zoom meetings. The meeting begins at 2 p.m.

A program will be presented by Sanibel-Captiva Shell Club grant recipients Dr. Greg Herbert from University of South Florida and James Javaruski, a graduate student at Florida Gulf Coast University. Dr. Herbert's presentation is entitled A paleontologist's tools detect disappearance of mollusks from Florida's west coast. Javaruski will speak on the Application of isotopic tracers to track nutrient sources for Florida red tides.

There will be an oral auction of five extraordinary shells at the end of the meeting: Angel wing; Flinders vase; Junonia; Glory-of-the-Atlantic cone; Juno's volute.

The angel wing, Cyrtopleura costata delicate bivalve of mystical beauty is aptly named the "angel wing," and has attracted the admiration of shell collectors for hundreds of years. When alive, both valves are covered by a thin, brown periostracum. The typical shell length is around 130 mm, but this pair measures in at 193.10 mm

#CPC1458912

#SI-12240

(7.6 inches), which is well above the norm for this species. No data comes with the shell.

The Flinders vase, *Altivasum flindersi*, was named in honor of Matthew Flinders (1774-1814), the great English navigator who was the first to circumnavigate and effectively name Australia. The color of this shell can be variable, the most common color being golden orange, but it may also be peach or white. It is endemic to southwestern Australia. This shell is 160.25 mm (6.30 in) and does not come with data.

The junonia, Scaphella junonia elizabethae. There is just something special about Scaphella volutes. This junonia subspecies is found in the Florida Keys and Dry Tortugas. It has been verified by a lifelong collector who grew up in the Keys. It's a must in any Southwest Florida collection, or any collection for that matter. It measures 114.71 mm (4.55 in) and does not come with data.

The Glory-of-the-Atlantic cone, *Conus granulatus*, is one of the most soughtafter cones by collectors. One can easily understand why. It has exceptional beauty, bright coloration and rarity all wrapped into one. It can be found from Florida to South America. The shell measures 27.80 mm (1.09 in) and has data.

Juno's volute is possibly the most famous of the Southwest Florida seashells. This is one of S. Peter Dance's 50 "Rare Shells," which was published in 1969. It was rare before the mid-1900s and without doubt, it was the most coveted of all volutes back then. It is most famously known as the "Pride of Sanibel," and

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ON ISLAND FOR ISLAND

sometimes one may wash up on the shore. It measures 33.30 mm (0.881 in) and does not come with data.

Safety protocols will be in place. It is strongly suggested that everyone wear masks at the meeting. The Community House is located at 2173 Periwinkle Way on Sanibel, Florida. Free parking is available on site.

The Sanibel-Captiva Shell Club awards grants from the proceeds of its annual shell show. Grants are given toward education and research in the fields of conchology and malacology, as well as for conservation and water quality projects, primarily in Southwest Florida. For more information about the annual shell show or to join the club, visit http://sanibelshellclub.com.

# Rotary Happenings

submitted by Cindy Carter



Being a good story teller is a true gift. Having the ability to hush a crowd and have them sitting quietly, waiting for



Rev. Dr. John H. Danner

the end of the story, to many, is a lost art. Rotarian and Past President Rev. Dr. John H. Danner, senior pastor at Sanibel Congregational United Church of Christ, definitely has that gift

definitely has that gift.

Holiday stories have long resonated with his congregations from New York to Florida. He shared one of the stories from his newly published collection, Angels Dancing on the Roof, which offers up tales of diverse folks ranging from a young single mother struggling to make ends meet amid prejudice, to an agnostic

physician in Vermont piecing together the puzzle of life. The collection includes a Hanukkah story as well.

Ordained in 1980, Danner has degrees from Bradford College (where his concentration was in theater), University of Maine, Bangor Theological Seminary and Boston University. His PhD studies focused on American religious history. He has trained as a pastoral psychotherapist and is a graduate of the Shalem Institute of Spiritual Formation. He has published articles in *The Christian Century* and other periodicals and is a contributor to three published collections of liturgical and devotional resources. He is a weekly blogger, and his posts can be seen at www. periwinkleponderings.blogspot.com. He also is a reviewer with Speakeasy. He has been a member of the Sanibel-Captiva Rotary Club since 2011.

Danner is married to Linda Bradbury-Danner, and they have three children and a stable of grandchildren.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.

# ISLAND CONDO MAINTENANCE

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# New Stormwater Infrastructure Website

The Florida Department of Environmental Protection's (DEP) Division of Water Restoration
Assistance Nonpoint Source Management program has a new green stormwater infrastructure (GSI) website – https://gsi.floridadep.gov. The site is a resource where communities can learn what GSI is, why it matters, how to get started and how to implement projects that deliver environmental, social and economic benefits to communities.

"I encourage our stakeholders to visit the new GSI website. This site complements our agency's ongoing efforts to protect Florida's water resources by providing case studies, technical guidance and information about funding offered by DEP for green stormwater infrastructure," said DEP Deputy Secretary for Ecosystems Restoration Adam Blalock. "Information will be kept up to date with the latest research and technical guidance in coordination with our partners at the University of Florida, Florida State University, the water management districts and local municipalities."

The new website showcases green stormwater infrastructure success stories

along with technical resources to assist in project planning. These resources will assist communities in determining which stormwater best management practices are most appropriate for an area, evaluating costs and maintenance requirements and estimating nutrient reduction effectiveness.

Examples of green stormwater infrastructure include:

Bioswales – Vegetated, shallow, landscaped feature designed to capture, treat and infiltrate stormwater runoff.

Tree boxes – Stormwater control measures around individual trees (usually in a downtown or main street streetscape) that collect and treat stormwater prior to discharge into the storm sewer system or subsoil.

Permeable pavement – Porous urban surface that catches precipitation and surface runoff, allowing it to slowly infiltrate the soil below.

"This new website will be a great resource for anyone needing information on GSI – from the general public, to local elected officials, to consultants and engineers," said Dr. Eban Bean, assistant professor and extension specialist of urban water resources engineering at the University of Florida. "They did a great job making all the information available in one place, no matter what you are looking for – research, funding and case studies especially. It is really going to spread GSI awareness."



From left, Chelsea Aiello, Renee Montgomery, Amanda Curran, Brenda Curran, Rotarian Mary Bondurant and Dustyn Corace photo provided

# Title Company To Sponsor Rotary Tournament

uperior Title Services of Sanibel is sponsoring this year's helicopter ball drop for the Sanibel-Captiva Rotary Golf Charity Cup Scramble, scheduled for Saturday, March 26.

"We love to see money raised

for special charities, especially local organizations such as FISH, Harry Chapin Foundation and CHR," said Amanda Curran, owner of Superior Title

The scramble will include skill prizes for the lowest scoring team, ball closest-to-the-pin, longest drive and most accurate drive, with a hole in one golf cart prize, plus cash prizes for the three balls closest-to-the-pin from the helicopter ball drop.☆

# Date Set For Play For PINK Golf Tournament

he Dunes Golf and Tennis Club will host the annual Play for PINK Golf Tournament and virtual auction on Saturday, March 26. The committee thanks its past sponsors for their support: The Sanibel Captiva Trust Company, Sanibel Captiva Community Bank and Pfeifer Realty Group. These local businesses will be supporting the golf tournament at increased levels in 2022

Three new sponsors have been added for this year's tournament: Bank of the Islands, Doc Ford's Rum Bar & Grille, and John Henshaw and Associates, Inc. Additional sponsorship opportunities are available. For more information, contact Jim or Amy Clapp at 240-315-6145 or jhclapp1@aol.com.

Last year, the virtual auction raised

over \$12,000, and cash donations to the Challenge Fund totaled almost \$15,000. Auction items were donated by Friends of Play for PINK, individuals and local retailers. The sponsorships, golf tournament, Challenge Fund and virtual auction raised over \$47,000, which was sent to the Breast Cancer Research Foundation (BCRF). Thanks to the underwriting by The Estee Lauder Foundation, 100 percent of the funds raised go directly to breast cancer research. The BCRF is rated A+ by Charity Watch.

The committee thanks the many local businesses, artisans and financial institutions for their contributions in 2021. Special thanks goes out to The Dunes management and staff for their continued support of this event. In early 2022, committee members will be soliciting for additional sponsors, auction items and gift baskets, and encourage islanders to support the local retailers and businesses who have supported the 

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# From Our Family To Yours, Happy Holidays! Merry Christmas! and a Happy and Healthy 2022!



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Will Power

#### 'Tis The Season



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

First off, I want to wish all my readers a Merry Christmas and a happy and healthy New Year; 2021 certainly was chock full of surprises. I thought that by now we would have been through the worst of the pandemic, especially since vaccines are available. On the tax and estate planning front, concerns about increased taxes and the elimination of certain planning techniques might have occurred. So far, Congress hasn't passed a bill on these measures, and we're still uncertain whether they'll be able

Does this mean that you should forgo estate planning? The answer to this, as you might imagine a board certified attorney to say, is that you should always make sure that your plan is up to date and that it achieves your

If you're a new Florida resident, now is the time to update your plan to Florida law. Even if your northern attorney told you that your plan is "just fine," I would urge you to have it reviewed. Nuances to Florida law could result in unintended consequences, both legal and tax. One of the most common areas of concern is your Florida home. Our state has very specific statutes that govern how a home can be bequeathed if you are married or if you have minor children. Failure to comply with these laws results in the state determining who inherits your home rather than your will or trust.

While the gift and estate tax exemption amount is currently \$11.7 million, and slated to increase to \$12.6 million on January 1, legislation may reduce these amounts. Even if Congress can't pass a new tax bill, the current exemptions sunset on December 31, 2025. Unless you plan to pass away before then, if your estate's value exceeds \$6.5 million, which is the amount that the exemption is expected to be, then now is the time to consider more advanced estate planning strategies beyond your revocable trust.

Income tax planning is another area that I find lacking in many estate plans. There are a variety of strategies available to mitigate the income tax burden that your beneficiaries will one day face. But those strategies need to be employed within your plan before you die. This is true especially if you own significant IRA, 401(k) or other qualified retirement accounts, annuities, or unrealized capital gains.

Florida law affords new opportunities for capital gains tax planning for married couples. We now have a community property opt-in statute. If your plan meets the

statutory requirements, the surviving spouse may receive a full step up in tax cost basis at the first spouse's death, eliminating the unrealized capital gains of your assets and accounts. Failure to comply with the statutes results in only a step up of the first decedent spouse's assets, or for joint accounts, one-half of a step up.

Community property status is not appropriate for everyone. You should check with a qualified estate planning attorney to determine if it is right for you.

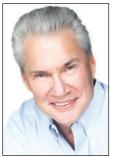
There are other reasons to review your estate plan. Don't put it off simply because Congress can't seem to pass a new law.

In the meantime, I wish you and yours a very happy holiday season. ©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.

#### **ISLAND SUN BUSINESS NEWSMAKERS**

#### John Naumann & Associates

he top listing team for November at John Naumann & Associates was Larry and Deb Hahn. The top sales agent was Evan duPont and the top sales team was Harrell, Tolp & Albright.\$



Larry Hahn Deb Hahn



**Evan duPont** 



Harrell, Tolp & Albright

# **How's The Market? Ask Ann**

#### When will our market return to normal?

Fortunately, because of the demand for Sanibel Real Estate, we have the opportunity to listen to comments from Buyers and Sellers on market conditions. A recent Buyer expressed concern that time was her enemy... and she felt that prices will increase as we go into the "season." Here is my view on

Ann Gee pricing when the market stabilizes. Houses for sale on the market today, just 21 Units. When you start to see the inventory increase to 40-45 homes and growing, to me, that is an indicator for a more "normal" market condition. The same prediction holds true for the Condo market, only 19 Units on the market today. When the inventory increases to 38-40 Units, I view that as a signal that the market is beginning to stabilize.

Considering a sale? Have a confidential conversation with me. You will benefit from a substantial reduction in the listing commission. On average, a savings of \$15,000.

Wishing everyone a joyous holiday and *Merry Christmas*.

#### 13 Closed Sales Going Back One Week: 7 Homes, 5 Condos & 1 Lot

5850 Sanibel-Captiva Rd. - \$450,000 1610 Middle Gulf Dr. F8 Spanish Cay - **\$479,000** 5117 Sea Bell Rd. C207 Blind Pass - \$625,000 2138 Egret Circle - \$710,000

5308 Ladyfinger Lake Rd. - \$779,000 827 East Gulf Dr. E3 Sanibel Arms West - \$915,000 328 Palm Lake Dr. - \$925,000

2548 Wulfert Rd. - \$934,500

993 Sand Castle Rd. - \$1,400,000

3013 West Gulf Dr. 101 Junonia - \$1,579,000

2737 West Gulf Dr. 228 Sand Pointe - \$1.050.000

924 Pecten Ct. - \$1.865.000 4014 West Gulf Dr. - \$3,800,000

Have a good week and call me with any comments or questions.

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# Lee Health Foundation **Board Of Trustees**

Tewly elected trustees for the 2022 Lee Health Foundation Board of Trustees are Ryan Carter, Richard Forman, William Gruver, David Klein, Garrett Richter and John Quinn. J. Pason Gaddis returns as chairperson.

Trustees help guide philanthropic initiatives for the foundation, which has supported lifesaving health and wellness programs in Southwest Florida. Since 1995, the foundation, its supporters and trustees have made it possible for Lee Health to serve a growing community with comprehensive medical services close to home. Thanks to the generosity of the community and dedication of the trustees, Lee Health Foundation's fiscal impact for 2021 included 4,000 donors raising more than \$17 million.

"Lee Health is fortunate to have outstanding community leaders join us in our vision to be a national leader in health and wellbeing, by empowering healthier lives through care and compassion, said Chris Simoneau, Lee Health's chief foundation and development officer. "Lee Health Foundation trustees have provided outstanding guidance and advice to our foundation team, and they donate generously their talent and treasure. This leadership has helped Lee Health become the region's premier health system, the largest employer in Southwest Florida

and a forerunner in providing novel, state of the art healthcare to our citizens.

Gaddis, co-founder and CEO of Florida Media Group, has served on the foundation board since 2016 and is a laureate for Junior Achievement of Southwest Florida's Business Hall of Fame, Lee County.

Returning to their roles are Dr. James W. Orr, Jr. as vice chairperson, Dominic Cameratta as treasurer, and Jennifer Parisi as secretary of the board.

Returning trustees are David Call, Joseph R. Catti, Dr. Paul DiGiorgi, Jenny Gezella, Chetan Gulati, Kristin Haag, George Hamilton, Matt Hanson, Charles K. Idelson, Al Kinkle, Susan McGrogan, Fred Pezeshkan, Dr. F. Brett Shannon and Sandy Stilwell Youngquist.

Ex-officio trustees are Dr. Larry Antonucci, David Collins, Gary Gold, Jim Eberz, Sue Lester and Armando Llechu. The board's emeriti committee includes Amanda Cross, Dorothy Fitzgerald, Joe Gammons, Frank Haskell, chairperson Elaine Hawkins and Garrett Reasoner.

Lee Health Foundation's committee chairpersons include: executive committee, Gaddis; finance committee, Cameratta; nominating and governance committee, Parisi; and development committee, Gezella. Additional community leaders who also serve on committees include Bill Cronin, Tarek Salhab and Austin Williams.

Lee Health Foundation thanks the following individuals' past service to Lee Health and the community: Lori Shafer, Pablo Veintimilla and Scotty Wood.

# Texting 911 For Emergencies Now Operational

ext-to-911 became fully operational for all residents and visitors of Lee County on December 15. The Lee Board of County Commissioners and Lee County Sheriff's Office have confirmed that county residents and visitors now can send a text to 911 in an emergency.

Placing a voice call to 911 remains the most effective method for requesting emergency assistance.

Text-to-911 should only be used when the caller is deaf or hard of hearing; experiencing a medical event that makes clear speech difficult; or is in a dangerous situation where it is not possible to safely make a voice call, such as an active shooter, domestic violence incident or home invasion. Text-to-911 is only for emergencies. It is a crime to text or call 911 as a "test" or with a false report.

When texting to 911 in an emergency

Enter 911 in the "To" field (do not use dashes between numbers);

Give your exact location and type of emergency;

Keep it brief:

Be prepared to answer questions and follow instructions from the 911 call taker;

Do not use slang, abbreviations, GIFs or emojis;

Do not send to more than one person

as group texts are not received;

Do not text and drive:

Do not send photos and videos.

A text or data plan is required to text to 911 and regular rates apply. Mobile carriers handle texts to 911 like any other message. You can experience the same service speeds or delays, depending on network strength in your area.

The Lee Board of County Commissioners is committed to public safety technology initiatives. Text-to-911 is one of several initiatives planned in the next few months. Other projects include:

The operational launch of the new Government Communications Network P25 project in February, improving the capacity and resiliency of countywide emergency communications.

The arrival of Next Generation 911 in April, allowing the public to share videos, images and texts with emergency call centers and improving the handling of 911 calls in Lee County.

For more information about texting 911, visit www.leegov.com/911.☆

# **Blood Donors** Needed

ee Health is seeking blood donations to help replenish supply levels. All blood donated at Lee Health stays within the health system to care for patients in Southwest Florida.

For more information on how and where to donate, visit www.leehealth.org/ our-services/blood-centers.☆



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by Howard Prager

ith Christmas upon us, I want to share some of the gifts we've received from sports these past few weeks.

Is Tiger Woods the greatest golfer? Was he being

foolish driving too fast and having an accident that almost killed him? Is it exciting to be able to see him play again? The answer to all three is yes, as he played in the PNC tournament last weekend with his 12-year old son, Charlie. Truly a miracle to see him play - and even to walk - again, nine months after the accident. Doctors even thought they would have to amputate his legs. This could be one of the greatest comebacks of all time, but even if it's just a limited comeback, those who marvel at his play got to see a couple of fabulous drives in the tournament. And a second place finish. Not bad.

Western Kentucky playing a bowl game (the Boca Raton Bowl) may not have been on many people's watch list, mine included. But if you did, you not only saw a fun bowl game (lots of offense), you saw records being set. QB Bailey Zappe capped his record-setting season by passing for 5,977 yards and 62 touchdowns for the Hilltoppers (9-5). He topped the previous FBS marks of 5,833 yards set by Texas Tech's BJ Symons in 2003 and 60 touchdowns set by LSU's Joe Burrow in the Tigers' run to the national championship in the 2019 season. In this game, he thew for 422 yards and six touchdowns as Western Kentucky beat Appalachian State who lost a bowl game for the first time, 59-38. A number of athletes opted out of playing in bowl games this

year. That's a shame for them, but a boost for athletes like Zappe, who may not have been as well-known despite his numbers, but certainly is now. It's also a boost for an area ravaged by tornados just two weeks ago. I used to read from sportswriters "which city needs this win the most?" Bowling Green, Kentucky, your hometown team brought you some smiles this season as you rebuild your homes and lives.

The Saints own the Bucs and Tom Brady. It's that simple. Whoever the QB, they find a way to win and shut Brady down. This past Sunday night they did it with only three FGs. But they held Brady scoreless for the first time since 2006. Several receivers were out for Tampa Bay, but this is Tom Terrific, and he did have his favorite receiver, Gronk, in the game.

Speaking of shutting down, just a year ago we were excited that games were even being played, and the NBA was figuring out how to use the bubble. Now with the Omicron variation and more positive COVID tests in all sports, will we be going back there? I haven't read about fan outbreaks, just about players. The NBA cancelled five games last week, the NFL has moved games to help players get out of the protocol, the NHL has cancelled games, several college hoops matchups were cancelled and even in tennis, Rafael Nadav who tested negatively all week in Abu Dhabi, has come down with a positive test and is most likely out of his next tournament. It's time for players to exhibit greater caution and for the professional leagues to figure out how to keep teams and players safer. In the meantime on Monday, the NBA came out with new protocols to make it easier for teams to sign replacement players. We've learned what we need to do to play it safe, now we just need to implement that.

Can you hear what I hear? No. Our good news story of the week comes from the Good News Network and KCBS. "A varsity football team in California is impressing the state's athletic world, as the limited 23-player roster has gone undefeated 12-0 though all 23 players and their coach are deaf. They don't play in a hard-of-hearing league, they are beating hearing teams by huge margins, all the while using American Sign Language to communicate on the field.

The Cubs varsity team from Riverside, California have no pedigree of success. They've lost every single game for the previous seven seasons. Now their incredible transformation, which has landed the school in the division championship game for the first time in its history, has drawn an endless stream of well-wishes and messages, including from NFL franchises.

"Now we're just destroying every game. We're showing the world we can play. We're not losing anymore," wide receiver Jory Valencia said. Added running back Enos Zornoza: "We can do anything. Deaf people can do anything; we're not this stereotype that's out there. We're breaking news that we can do it right. And not just our school here but other schools for the deaf can do it as well."

The Cinderella story was not to have the most storybook of endings, as the Cubs fell short in their Division Final against Faith Baptist, who had made the final 18 times in the last 37 years. "It feels overwhelming," Cubs head coach Keith Adams told NBC LA. "It's been nonstop, getting messages, you know, congratulations and well-wishes. My email is blowing up. The Tennessee Titans have sent me congratulations. It's

just been amazing."

No coach. You and your team are amazing. From not winning to going undefeated and by large margins? With less than half the players of other teams and all deaf? May your success be shouted – and signed – from the highest of rafters. I hope you all feel as good about this story as I do. Merry Christmas and happy holidays dear readers!

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.

From page 1B

#### Police Station

a separate building adjacent to them.

Funding for the building has not yet been decided but the city financial director, Steve Chaipel, recommended that a simple bank loan may be the best solution.

The new police department building is not without its critics. Local ad hoc group Citizens for Fiscal Responsibility maintains that the police department should move into the former bank building on Library Way, slated to become the new senior center. The group says the senior activities can be accommodated by The Community House and Sanibel Recreation Center.

The motion to authorize staff to proceed with design work was unanimously approved.

#### **SPORTS QUIZ**

- 1. In 1999, Ray Rhodes compiled a record of 8-8 in his only season as head coach of what NFL team?
- 2. Name the NHL player from Sweden who served as captain of the Ottawa Senators from 1999-2013.
- 3. What punch illegal in most combat sports is a blow to the back of the head or neck, or the base of the skull?
- 4. Who scored 47 points to lead the Texas Tech Lady Raiders to an 84-82 win versus Ohio State in the 1993 NCAA Women's Basketball Tournament championship game?
- 5. What university's basketball arena has an unoccupied seat reserved in honor of coaching legend Henry Iba?
- 6. What is the name of the slow, high-arcing, off-speed pitch developed in the 1940s by Pittsburgh Pirates righthander Rip Sewell?
- 7. Name the Basketball Hall of Famer from Serbia who had his No. 21 jersey retired by the Sacramento Kings.

#### **ANSWERS**

1. The Green Bay Packers, 2. Daniel Alfredsson, 3. A rabbit punch, 4. Sheryl Swoopes, 5. Oklahoma State University, 6. The Eephus pitch, 7. Vlade Divac.

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Daniel Benzing, volunteer center coordinator for United Way

# **United Way** Volunteer Éair

'nited Wav of Lee. Hendry, and Glades Volunteer Center will host a volunteer fair at Amavida Retirement Community's outdoor courtyard on Saturday, January 8 from 10 a.m. to 1 p.m. The volunteer fair will be an opportunity for nonprofit organizations serving Lee County to match with potential volunteers. There will be a Lee Health blood drive taking place on site at the

This fair serves to highlight over 25 diverse nonprofit agencies who serve the community and to engage local volunteers, as well as create awareness for services provided by featured agencies. The goal is to introduce local community members to

volunteer opportunities available to them.

Some of the confirmed agencies include: Harry Chapin Food Bank, Alliance for the Arts, Children's Home Society of Florida, Catholic Charities Diocese of Venice Inc., Dr. Piper Center, Blessings in a Backpack SWFL, Children's Network,

NAMI - National Alliance on Mental Illness, Senior Friendship Centers and Gulf Coast Humane Society.

There is no registration required and no charge to attend. Interested volunteers of all ages are encouraged to attend and learn more about organizations serving Lee County, with no obligation to join. The United Way Volunteer Center will be encouraging social distancing and other safety protocols, including the availability of hand sanitizer, according to current CDC guidelines. For more information, email kim@unitedwaylee.org.

Amavida Retirement Community is located at 7820 Fanning Court in Fort Myers. Visit www.unitedwaylee.org to learn more.₩

# Leisure Airline To Resume Service

ir Transat, Canada's number one leisure airline, has returned service **1** to Southwest Florida International Airport (RSW) with nonstop flights between Montreal, Canada (YUL) and Fort Myers (RSW) seasonally.

Air Transat to 60 international destinations in more than 25 countries in the Americas and Europe, offers domestic and connecting flights within Canada, and carries some five million passengers every year. To book a flight or find out more information, visit www.airtransat.com.

For more information, visit www. flylcpa.com or on Facebook at www. facebook.com/flyrsw.☆

#### **ISLAND SUN BUSINESS NEWSMAKERS**

#### **REMAX** of the Islands





Steve Fisher

**Maxine Fisher** 





**Deb Stone** 

Pegge Ford

he top selling associates for November at RE/MAX of the Islands were Steve and Maxine Fisher. The top listing associates were Deb Stone and Pegge Ford.☆



**Health First** 

# Squatting And Longevity



by Julie Rosenberg, MD

Te all know that inactivity – sitting for prolonged periods of time – increases a person's risk of obesity, heart disease and type 2 diabetes. But did you know that squatting

(essentially crouching down with your feet flat on the floor) on a regular basis can help to improve your health and lifespan? It's true. Let's look at why.

It's true. Let's look at why.

Sitting vs. Squatting – Health risks from sitting are generally linked with reduced levels of muscle contractions in chair-sitting postures. In other words, when we sit, the muscles in our legs and buttocks switch off, which is associated with reductions in muscle metabolism. Squatting necessitates that the muscles keep working, which requires fuel.

A recent study, published in the *Proceedings of the National Academy of Sciences* in 2020, looked at the habits of the Hadza tribe, a group of hunter-gathers living in Tanzania, East Africa. They subsist on wild foods for nearly their entire diet. The study showed that Hadza adults spend an average of 9.82 hours per day in

non-ambulatory postures. However, unlike sedentary Americans, they have a low risk of cardiovascular disease. The question is, why?

why?
When the Hadza rest, they squat or kneel. Therefore, their muscles remain in an active state. Sitting in postures that do not require much muscle activity (i.e., chair sitting) leads to reduced local muscle metabolism, with detrimental effects on lipid and glucose metabolism, blood flow and regulation of inflammation.

Six Steps to Squatting:

1) Start with your feet hip-width apart, your arms down by your sides.

2) Tighten your abdominal muscles.

3) Lower your buttocks back and down, as if sitting in an invisible chair. Your knees should track over your toes but not beyond.

4) Go down as far as feels comfortable for you. As you lower, keep weight in your heels while extending your arms forward. Be careful not to round your shoulders forward or lift your toes.

5) Straighten your legs to lift back up while repositioning your arms at your sides

6) Repeat with good form (repetitions as tolerated).

For those who are new to squatting, check out online videos or consult with a fitness professional to help optimize your technique and make any necessary modifications so that the exercise is accessible to you.

Why squat? – Squatting is a functional exercise that represents a movement we undertake daily: going from sitting to

standing, or vice versa. Squats can improve strength and muscle mass in the legs, both of which are strong predictors of longevity.

of which are strong predictors of longevity. A study published in the European Journal of Preventive Cardiology in 2014 showed that people ages 51 to 80 who could get up from a squat-like position without using their hands were less likely to die within the next six years than those who couldn't pull themselves up.

In addition to building muscle mass throughout the hips, thigh and core areas, squats help to reduce your risk for knee and low back pain. Another benefit is mobility. Regular squat training helps you to lift things off the floor, walk up and down stairs with greater ease, and get yourself up if sitting or lying on the ground. Many functional medicine doctors include

a squat test in their patients' checkups because the ability to bend your knees while keeping your upper body upright is a useful predictor of overall health.

In conclusion, inactivity is a major public health risk in industrialized societies. Prolonged muscular inactivity drives the negative health effects of sitting. Try squatting instead of sitting. It can improve your daily functional abilities and may extend your life!

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

# Foundation Awards Grant For New Workshop

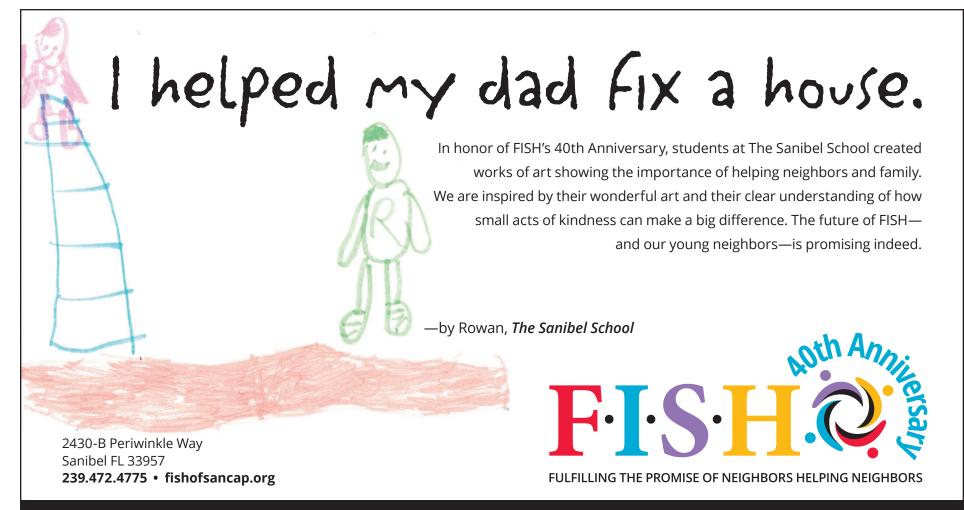
ope Healthcare is helping individuals with Parkinson's disease manage and prevent difficulties in speech and swallowing, symptoms which affect about 75 percent of all people with the disease.

Hope Healthcare recently completed an eight-week Speak Easy workshop funded by a \$5,500 community grant from the Parkinson's Foundation. The free program, led by speech-language pathologist Mary Sprumelli, provided education and

resources to help participants improve speech for everyday conversation while offering preventive guidance for issues with swallowing. Participants also received voice-activated Hi VOLT bracelets, which calibrate voice levels and encourage wearers to speak louder.

The Parkinson's Foundation community grant program funds community-based education and outreach programs addressing unmet needs.

The Hope Parkinson Program works with community organizations to provide a network of resources and education for people affected by Parkinson's disease and related movement disorders. Membership is provided at no charge to participants and care partners. For more information, visit www.hopeparkinson.org.



deaRPharmacist

# Five Strategies To Stop Sugar Cravings Now



by Suzy Cohen, RPh

ear Readers: I feel like in winter I go into hibernation mode and put on weight and just crawl into bed earlier than I should. Do you feel that way when it

gets dark at 5 p.m.? Do you want to eat whenever you watch the news or a scary movie? It happens to all of us, you're not

If your cravings have increased due to going overboard on holiday treats, or even from stress and the current early darkness of winter, then read on because I have some simple, natural solutions that you can try. And, I want to emphasize that this is very important to your immune system.

Curb the crave and start today. Trying the following five things is the first and only commitment you have to make today. You can always revise the plan, have a little donut and then get back on track.

1. Drink something instead – Take notice of how many times you go to the fridge and open the door. The next time you do that, open the freezer instead and get the ice cubes. Put them in a glass of water, or iced tea and drink instead of eating. This also hydrates you and reduces your risk of headache.

2. Cinnamon – Cinnamon has well-known ability to help your insulin and blood sugar levels, which in turn, reduces cravings. Sprinkle it on some green apple slices, sweet potatoes or coffee.

3. Minimize grains - This is a hard one but you can do it. If you eat a lot of bread, rolls or buns, then reduce that. These are lacking in fiber and they provide empty calories that spike your blood sugar which then later crashes. I suddenly see in my mind's eye a mouth-watering foot-long sub, but that is a heavy carb hit for me, so I prefer more meat and less bread. A change in ratios! So for me, I'd order a wrap, or make it an open-face sandwich

and toss the top bun. Effective.

4. Gymnema sylvestre – This has been studied extensively and is able to help support regeneration of pancreatic cells that have the job of lowering your blood sugar. The more of those pancreatic islet cells the better and, unfortunately, those get destroyed sometimes for people in an autoimmune type of fight.

5. Take a whiff of peppermint -Peppermint is known to reduce cravings and you could just drink some herbal peppermint tea with your meal (or right before) and see if that helps you to reduce portions. Also, you could sniff the essential

I have the same love of sugar as you. We would die without consuming some type of glucose, but that is different than carbs and sugar all day. I have a longer, extended version of this article which you can receive by subscribing to my free newsletter at www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . SuzyCohen.com.☆

# Chronic Pain Workshops

ee Health, along with the Self-Management Resource Center (SMRC), is offering a research-based chronic pain self-management program either virtually or on location beginning in January. The workshop is free and meets weekly for six weeks.

Sessions for the It's All About You program will be held at Hope Lutheran Church on Wednesdays, beginning January 12, from 1 to 3 p.m. Virtual sessions will be held on Fridays, beginning January 14, from 9:30 to 11:30 a.m.

Information presented in the virtual workshop can help participants become empowered to improve their quality of life. Learn how to more easily manage your medications: understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to health eating. Participants will also receive a copy of the book Living a Healthy Life with Chronic Pain.

Hope Lutheran Church is located at 25999 Old 41 Road in Bonita Springs. Call 424-3121 for more information.☆

# Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I recently moved in with my boyfriend and he totally flipped the switch, broke up with me and asked me to move out. I was devastated and I don't know what happened. I don't

know where to turn.

A: I am sorry for your situation and devastation. I realize that it is overwhelming to think of not only the loss, but to have to move out and start your life all over. Yet, you have the power within to heal and you will. If you reach out to co-workers, friends, family, I am sure you will have support that you now need. If you can seek professional help, that will be healthy support as

You deserve some answers why your partner did this and hopefully you can get them in order to have closure.

Meanwhile, you may need to stay with a friend or family until you find a place to live. Ask people you know if they know of apartments available, and look in the paper and online. What are some ways you can begin to heal?

You can exercise, journal, seek out friends to be with, accept invitations to dinner or to go out and continue to believe that each day you are moving toward healing. If you don't already have a meditation practice, I would recommend that you listen to some guided meditation on healing.

When he pops in your mind, visualize a stop sign and say "stop." Shift your thought to something else that is pleasant rather than ruminating on the past. You cannot change it, but you can see it as a part of your life that hopefully had some good, and tell yourself better things are yet to come. While these things take time, healing most definitely can and will occur. You have to work through the pain as opposed to trying to block it and medicate it. Continue to remind yourself that each day you are healing and growing more into your authentic self. When you are ready in time, you can begin to look at healthy signs of a potential partner and any red flags (they are there) you will pay attention to and make a healthier choice. In time, you will enter a new enlightened relationship with yourself, others and the world.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@ gmail.com or visit www.drconstance clancv.com.₩

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# 12 Ways Of Christmas





by Ross Hauser, MD and Marion Hauser, MS, RD

ost of us know the song The Twelve Days of Christmas, but ■do we remember what this time signifies other than a somewhat annoying Christmas carol? The 12 days of Christmas is the period for Christians that marks the time between the birth of Christ and the coming of the Magi, or the three wise men. For some, back in the day, the 12day period was marked by observing the feast of days of various saints and planning Christmas-related activities. For most now, however, things go back to business as usual after December 25. Why not make sure we let the spirit of Christmas, kindness and giving last the whole year and make it a daily choice? Let's take some time to change the 12 days into 12 ways of Christmas.

- 1. Gratitude: Saying thank you is a gift in and of itself, but putting it into writing makes it even more special. Who can you bless today with a card or letter of thanks?
- 2. Kindness: Look for a way to surprise someone with a gift or act of kindness. Let someone check out in front of you in line. Pay another table's meal at a restaurant. Random acts of kindness make the world a much better place.
- 3. Care: Consider a way you can help those less fortunate by volunteering to serve meals, bring canned goods to a local food pantry (FISH or Harry Chapin Food Bank), or even purchase a gift card for someone who is struggling and give it to them anonymously. Bring some homemade soup to someone who is recovering.
- 4. Word of blessing: Share a word, Bible verse, or poem that has meaning to you that might encourage someone else. Send it via a hand-written note, text, or email. It lets someone else know you took the time to think of them.
- 5. Support: Some local businesses may be suffering during these times or have experienced tragic events. Make it a point to stop by their stores or order a meal or purchase some goods. Give an extra tip to someone in the service industry.

  6. Patience: Find ways to bless those
- closest to you spouse, child, parent, or sibling. Tell them how much you love them and appreciate them. Don't sweat the small stuff and just "get over it!" Life is too darn short.
- 7. Time: Give someone your undivided attention. Call. Stop by. Put down your phone.

- 8. Prayer: Many people have many needs these days - make it a point to pray for those needs. Write it down when someone asks for prayer or good thoughts, then follow up.
- 9. Generosity: Consider giving to someone outside of your family/friends. Show your appreciation to a local delivery person, pharmacist, store clerk, hairstylist, mail carrier, police officer, or local charity or some other person in your life. You know they will appreciate it.
- 10. A well-loved book: Do you have a special book that means a lot to you? Share it with a friend with a note about what it meant to you. People have lost the art of reading. Get back to it.
- 11. Hospitality: Find a way to help/ serve those near you. Run an errand, grocery shop, take in their trash cans – just provide little ways to show you care. Invite a neighbor to share a cup of coffee or a meal.
- 12. Humility: Make a point of allowing someone else to go first. Slow down. Chill. Share some peace with a fellow human. Remember, life is not just about ourselves.

Wishing you all a blessed and beautiful upcoming holiday season and new year 2022. Let us be the ones who make it a good one.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@ caringmedical.com.☆

#### **ISLAND SUN BUSINESS NEWSMAKERS**

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LeAne Suarez

Alec Suarez





Austin Suarez

Ken Suarez

he top producers for November at John R. Wood Properties Sanibel-Captiva offices were The Suarez Group; LeAne Suarez, Alec Suarez, 

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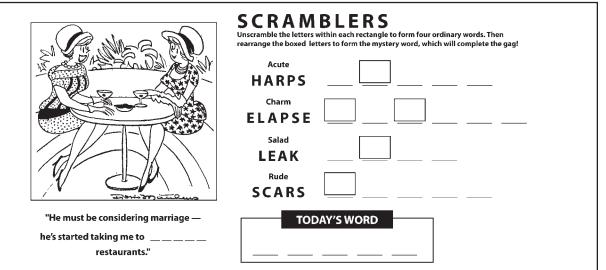


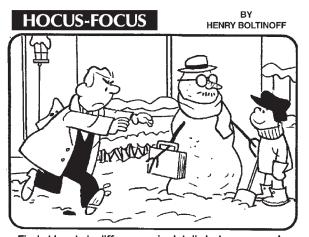
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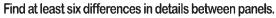
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Fire Department, Captiva	472-9494
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Poison Control 1-800	-282-3171
Chamber of Commerce	
City Council	472-4135
City Building Department	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva239	-533-4890
Lee County Mosquito Control239	-694-2174
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Post Office, Sanibel (toll free)800	
Post Office, Captiva	472-1674
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Center 4 Life, Senior Center	472-5743
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Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
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Gulf Coast Symphony	277-1700
Herb Strauss Schoolhouse Theater	472-6862
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Naples Philharmonic	507-1111
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Sanibel-Captiva Art Leaguesand	
Southwest Florida Symphony	
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American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-9332 768-0417 472-0836 -313-6918 Jmail.com 472-0141 eclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 395-2040 472-2329
American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-9332 768-0417 472-0836 -313-6918 Jmail.com 472-0141 leclub.org 470-2866 470-2864 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 472-8994 472-8994 472-8994 472-2329 6-728-3663
American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-9332 472-9332 472-9332 472-9332 472-9332 472-9340 472-0441 leclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 395-2040 472-2329 -728-3663 246-8875
American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-6940 472-0332 472-9332 472-9332 472-9332 472-9332 472-9349 472-0441 leclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 395-2040 395-2040 246-8875 433-2000
American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-6940 472-0332 472-9332 472-9332 472-9332 472-9332 472-9349 472-0441 leclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 395-2040 395-2040 246-8875 433-2000
American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-6940 472-9332 768-0417 472-0836 -313-6918 gmail.com 472-0141 leclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 395-0849 267-7291 472-4648 472-8994 395-2040 2728-3663 246-8875 433-2000 728-1971
American Legion Post 123 Angel Flight SE	472-9979 N-ANGEL nswfl.org/ 472-3744 395-2233 472-1189 274-5900 @ coti.org 472-3644 984-5920 472-4775 472-0404 472-6940 472-6940 472-6940 472-6940 472-6940 472-9332 768-0417 472-0836 -313-6918 gmail.com 472-0141 leclub.org 470-2866 472-6940 ating.club 395-0819 267-7291 472-4648 472-8994 395-0849 267-7291 472-4648 472-8994 395-2040 2728-3663 246-8875 433-2000 728-1971

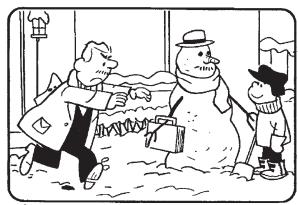
# **PUZZLES**

Answers on page 30B and 31B









Differences: 1. Mustache is added. 2. Glasses are removed. 3. Boots are different. 4. Pocket is added. 5. Pants are different. 6. Button is missing.

		2		4		8		
	5		3					2
4					7		1	
	9			5				4
1			2				3	
		8			4	1		
	4			6		7		
		7			5			9
9			8				2	

# To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

# **PUZZLES**

#### Super Crossword **ENGLISH QUINTET**

#### **ACROSS**

- 1 Tribal carving 6 Beatle Ringo
- 11 Depict with bias
- 15 Ellipsoidal 19 Earthy tone. to a Brit
- 20 Magazine release 21 Irene of
- "Fame" 22 Central point 23 He played Jim Dial on

"Murphy

- Brown' 26 Kazan with three Tonys
- 27 Carp in a garden pond
- 28 Football's Manning
- 29 "- my way!" ("Scram!") 30 Cathedrals
- main areas 31 Necklace of 12-Down
- 32 Strong productselling influence
- 36 Toon skunk Le Pew 39 Nonstick cookware brand
- 41 Ending for priest 42 İn-favor vote

126

43 Partly joking

- 46 Shabby hotels
- **52** "Are you out?" 53 Currency of
- Belaium 55 Dormant 56 Able to feel
- 58 Taking a rolling pin to 62 Period
- 63 Add- -(extras) 65 Brings a civil
- action 66 Snare loops 67 What the Australian Open is
- played on 72 Druids, e.g. 75 Burn soother
- 76 Bruins' Bobby 77 Purpose 80 Black
  - Protestant denom. since 1821
- 84 Have coming 87 Green shade 88 Blood-related
- 89 Daddy 91 Pond buildup 92 Expected
- saviors 95 Gave a worthy effort
- 97 -ray Disc 98 Long-headed antelope

127

- 100 Florence's river
- 51 Striped stone 101 Pod items 102 Franz Liszt piano piece in 3/4 time
  - 108 Purpose 110 In regard to 111 Conga relative
  - 112 Standoffish 113 Animal kept in the house 116 Feudal VIP
  - 117 Crossing during a iournev
  - 122 Balladeer Burl 123 Green shade **124** Ho-hum
  - feeling 125 Volunteer's offer to be sent
  - 126 Disaffirm 127 Male tabbies
  - 128 Regards as 129 Sequence found in this puzzle's nine longest answers
  - DOWN
    - 1 Tick follower 2 Eight, in Madrid
  - 3 Bangkok resident 4 Fumble 5 Rumble

- 6 "Yes, yes!," in Mexico
- 7 "For shame!" 8 "Just -
- suspected!" 9 Bit of hearsav
- 10 Reprimands 11 Actors Baio and Wolf 12 A Hawaiian
- Island 13 Work unit, in physics 14 Sound of a
- crying baby 15 Rvan of "Love Story"
- 16 Swedish vehicle make 17 Ta-ta, to Tati
- 18 Most minor 24 Aristocratic 25 Numbered hwvs.
- 30 Scholastic sports org. 31 Some turns and jabs
- 32 Principal 33 Standoffish
- 34 Tarp material 35 "I didn't know that!"
- 36 Period 37 Avid 38 First strategy
- 40 Buddy 44 Viking locale 45 E-address 46 Plaster

painting

- 47 Archie Bunker, e.g.
- 48 Hubbubs 49 Model binder 50 U.S. Open units
- 53 Sewing case 54 Beehive State college team
- 57 Bodily trunk 59 Ed of "Roots" 60 Habituate (to)
- **61** Negative conjunction 64 Neat piles 67 Visibility
- reducers 68 DiFranco of song
- 69 Pre-coll.. in education 70 Pluralizable
- word 71 Appoint to holy office 72 Oahu tree
- 73 French gal pal **74** Tiara stones
- 77 Have a tiff **78** She divorced Donald
- 79 Intersects 81 Bible book after Micah
- 82 Tax form pro
- 85 Plant pouch
- 83 Went to town 120 Juicy Fruit,

129

- 121 Bullring yell

#### King Crossword 86 Run off to tie ACROSS

- PC port Roast VIPs
- cheese dressing Some tides
- 95 Spoke 10 Coffee-break indistinctly
- and softly 11 Mistakes in 96 Put one's print
- finger on. 13 Mitch sav Hedberg and 98 "R.I.P." sites Margaret Cho,
- 99 City in Alaska for two 102 Legitimate 16 Standard
- 103 Superior to 17 Cyber-104 Sophia
- of "Two Women' 105 Froth-filled

the knot

90 Cuzco locale

93 "Likely story!"

Manila" boxer

94 "Thrilla in

- 106 Pious sona 107 "Common Sense" writer
- Thomas 109 Aleppo locale
- 112 Possible reply to "That so?
- 113 Hungarian sheepdog 114 Kellogg's
- waffle brand 115 Holierthan- —
- 117 Blast source **118** — Grande
- 119 Dir. from Little Rock to Chicago
- option 8 Himalayan

- 28
- commerce 36

41 Away from

1 Of an arm

O'Casey

bone

2 Writer

WSW

**DOWN** 

13

- 18 To and -19 Greet
- 20 "Roots" author Haley
- 21 Racing shell 23 Red-tag
- events 25 Poker variety
- 26 \$ dispensers 27 1040 ora
- 28 Mideast peninsula
- 30 Mimic 33 "Don't
- slouch!"
- 36 Spud 37 Thin nails
- 38 Brick worker 39 Used car sites
- 40 Med. plan

- land 9 Repress
- 12 Farm units 14 Gas co., for
- 15 Boston team, for short

24 Good-natured

- 3 Unfair treatfilm
- ment 4 "Thank you, 20 Gore and Henri" Franken
- 21 Vegas area Yule tune 6 Pesky email 22 Convention Alpha follower 23 Luminary

- 25 Venus, to Serena
- 10 Recipe abbr. 26 Playwright Chekhov 28 Tic
  - one 29 "Life - short
- 30 Marble type 19 Paul Newman 31 Profs'
  - dearees 32 UFO crew
  - 34 Hexagonal state
  - 35 Press agent?

# *MAGIC MAZE* ● WHITE —

ZXUQSBNKHEBYVSP

TMJHRUEBYVTQOLI GNDE(CHRISTMAS)

BYAWTTROSPMKIAF

D D E H S A W A H B Y W E I U QOMPKLIFPDMDSB

ZXWUSEVOLGSRSSQ

ONLRNJLHCEAOFUD

CAYISORECONIHRW V T P C S O P N B L H I K P I

H F E E L C S U P R O C W C B Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Unlisted clue hint: THE STAFF OF LIFE Elephant Board Chocolate Gloves

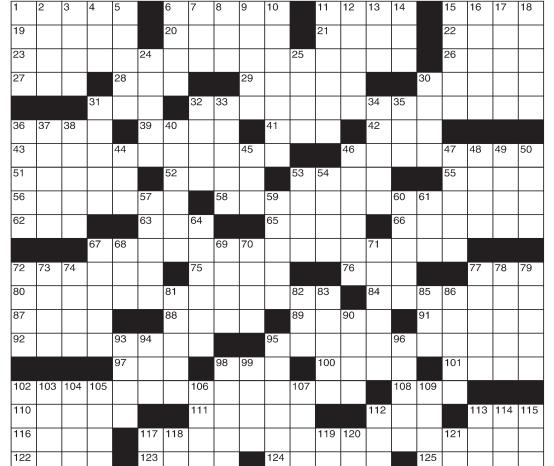
Pine Rhinoceros Rice

Sale Washed Wine



Meat

**Phosphorus** Russian



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FRIDAY Sunny High: 70 Low: 58



SATURDAY Sunny High: 71 Low: 60



SUNDAY Sunny High: 72 Low: 59



MONDAY Partly Cloudy High: 74 Low: 64



**TUESDAY** Sunny High: 76 Low: 63



WEDNESDAY Sunny High: 77 Low: 66



Cape Coral Bridge Tides

**THURSDAY** Sunny High: 74 Low: 62

#### Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	2:53 am	10:34 am	5:58 pm	9:47 pm
Sat	3:54 am	11:17 am	6:29 pm	11:20 pn
Sun	5:10 am	12:01 pm	7:01 pm	None
Mon	6:45 am	12:50 am	7:34 pm	12:45 pn
Tue	8:32 am	2:09 am	8:09 pm	1:29 pm
Wed	10:15 am	3:17 am	8:46 pm	2:11 pm
Thu	11:46 am	4:17 am	9:26 pm	2:49 pm

Point Ybel Tides										
Day	<u>High</u>	Low	<u>High</u>	Low						
Fri	1:58 am	10:36 am	5:03 pm	9:49 pm						
Sat	2:59 am	11:19 am	5:34 pm	11:22 pm						
Sun	4:15 am	12:03 pm	6:06 pm	None						
Mon	5:50 am	12:52 am	6:39 pm	12:47 pm						
Tue	7:37 am	2:11 am	7:14 pm	1:31 pm						
Wed	9:20 am	3:19 am	7:51 pm	2:13 pm						

	Pun	ta Kass	a rides	
Day	<u>High</u>	Low	<u>High</u>	Low
Fri	2:22 am	10:31 am	5:27 pm	9:46 pm
Sat	3:28 am	11:12 am	6:09 pm	11:02 pm
Sun	4:50 am	12:05 pm	6:47 pm	None
Mon	6:49 am	1:05 am	7:20 pm	1:08 pm
Tue	8:16 am	2:15 am	7:51 pm	2:00 pm
Wed	9:38 am	3:12 am	8:26 pm	2:45 pm
Thu	10:54 am	4:08 am	9:12 pm	3:30 pm

	-			
Day	<u>High</u>	Low	<u>High</u>	Low
Fri	5:03 am	1:50 pm	8:08 pm	None
Sat	6:04 am	1:03 am	8:39 pm	2:33 pm
Sun	7:20 am	2:36 am	9:11 pm	3:17 pm
Mon	8:55 am	4:06 am	9:44 pm	4:01 pm
Tue	10:42 am	5:25 am	10:19 pm	4:45 pm
Wed	12:25 pm	6:33 am	10:56 pm	5:27 pm
Thu	1:56 pm	7:33 am	11:36 pm	6:05 pm

# My Stars ★★★★ FOR WEEK OF DECEMBER 20, 2021

Aries (March 21 to April 19) I know, dear Lamb, that you don't like anyone trying to take charge of one of your projects, but try to be a bit more flexible. A new idea could help hasten a positive

Taurus (April 20 to May 20) I'm sure, like the time-thrifty Taurus that you are, that you've done much of your holiday

shopping. But don't relax yet. Wrap those gifts now to save yourself lots of unwanted

Thu 10:51 am 4:19 am 8:31 pm 2:51 pm

Gemini (May 21 to June 20) Be receptive when a family member or friend asks to confide in you. Your positive reaction could ensure that he or she will

have a happy holiday experience.

Cancer (June 21 to July 22) Don't be rushed into wrapping up that workplace problem. Consider leaving it until after the holidays. This way you'll have the facts you need to reach the right resolution.

Leo (July 23 to August 22) You'll get news that will make you glow brighter than the lights of the holiday season. Be sure to use what you learn both carefully and kindly, to avoid giving the wrong impression.

Virgo (August 23 to September 22) That frayed relationship could be mended in time for the holidays if you were more flexible. Give a little, and you could get back a lot more than you imagined.

Libra (September 23 to October 22) Things might not seem to be settling

down as quickly as you would prefer. But it might be just a little holiday time flutter. You'll soon get news that will lead to more

**Scorpio** (October 23 to November 21) Stop getting so involved in everyone's personal problems that you lose precious time with loved ones. Remember, even the Supreme Court closes for the holidays.

**Sagittarius** (November 22 to December 21) All signs point to a bright holiday, with all of those pesky problems continued on page 30B

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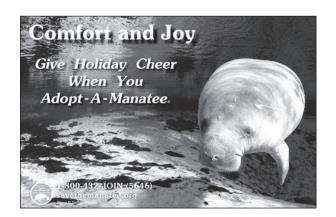
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#### **CLEANING**



From page 28B

## My Stars

finally resolved in your favor. Share the good times with people you love and, of course, who love you.

**Capricorn** (December 22 to January 19) Your plans should not be set in stone and cemented over. Leave some openings in case you need to make changes. Spend the holidays with your nearest and dearest.

**Aquarius** (January 20 to February 18) Surprise! This holiday finds you on the receiving end of the generosity of those who are usually the recipients of so much that you give so freely and lovingly.

**Pisces** (February 19 to March 20) That piece of good news assures that you'll be swimming in clearer, calmer waters this holiday season. There might be a storm or two ahead, but you'll weather it all in fine style.

**Born This Week**: You have a flair for seeing things as you'd like them to be, as well as a gift for turning your perceptions into reality.

#### MOMENTS IN TIME

- On December 30, 1803, Francis Lewis, signer of the Declaration of Independence, dies in New York City at age 90. Lewis' patriotism came at a high cost: The British army destroyed his Long Island estate and took his wife prisoner in 1776.
- On January 1, 1863, farmer Daniel Freeman submits the first claim under the new Homestead Act for a property in Nebraska. By the 1890s, many homesteaders found that farming 160 acres of such dry land was nearly impossible, and at least half the original claims were abandoned.
- On December 27, 1944, during World War II, President Franklin Roosevelt gives orders to seize properties belonging to the

Montgomery Ward company because it refused to comply with a labor collective bargaining agreement. Roosevelt said strikes in wartime cannot be condoned.

#### NOW HERE'S A TIP

- Save the peel on oranges and grapefruits. You can toss them on a fire for a nice smell.
- Fold and snip a coffee filter into a paper snowflake. Lay over an iced cookie or cake to sift a sugar design on top.
- "When planning to visit my hometown for the holidays, I set aside a few hours to take the kids to the park or a nice playground. I message all my old friends and classmates with kids (Facebook is great for this) a few weeks ahead of time and let them know when I'll be there. It's great to catch up while the kids play, and even if no one shows up, we still have a fun break." FL in California
- "When there are big family jobs to be done (like getting ready for the holidays), we write all the tasks down on slips of paper and put them in a hat. We take turns choosing tasks until all the paper is divvied out. Sometimes we trade, but we all get a fair chore list." VO in Oregon
- Make a holiday cheese ball simply: Combine a package of cream cheese with a cup of finely shredded cheese (your choice) and ½ cup sour cream or plain Greek yogurt. Form into a ball, roll in coating of your choice (dried fruit pieces, chopped nuts, spices, etc.) and chill. Wrap in a pretty cellophane bag and bring with pita chips, crackers or pretzels as a hostess gift.
- "Wax drippings from candles can be scraped off of most hard surfaces with the side of a credit card." TE in Kansas

#### STRANGE BUT TRUE

• In Germany, you are allowed to drive your car naked, but not get out of it naked.

• A high-school principal once disciplined a student by making him sit in the basement while reading the U.S. Constitution. The punishment must have taken effect, because said student (who also memorized parts of the document) was Thurgood Marshall, who grew up to become the first Black Supreme Court justice.

- Male orb-weaver spiders give back rubs to their mates so they don't get eaten.
- "Mbuki-mvuki" is a Bantu word for the irresistible urge to strip off your clothes while dancing.
- In 2002, Saddam Hussein's campaign theme song for re-election was Whitney Houston's I Will Always Love You.
- For a single day in August 1998 and another in October 2018, Topeka, Kansas, renamed itself "ToPikachu" to mark the release of different Pokemon games.
- Pule, the world's rarest cheese, is made from donkey milk, something that was widely believed impossible since the liquid doesn't coagulate. However, Serbian cheesemaker Slobodan Simic discovered a solution and now sells his cheese for over \$500 per pound.
- The Saturday falling closest to April 1 is International Tom Hanks Day.
- MLB pitcher Turk Wendell, "baseball's favorite oddball," would not only brush his teeth every inning, but at the start of same, would turn and wave to the center fielder and wait for him to wave back before proceeding.
- There are more English speakers in China than in the United States.
- In 1994, a man was arrested for dressing as the Grim Reaper and standing and staring into the windows of a home for the elderly.

#### THOUGHT FOR THE DAY

"The best teacher in the world is

someone who loves what he or she does, and just loves it in front of you."

- Fred Rogers

#### TRIVIA TEST

- 1. **Science**: How long does it take for light to travel from the Sun to Earth?
- 2. **Television**: Which comedian used the catchphrase "one ringie dingie, two ringie dingies" in a TV character sketch?
- 3. **Measurements**: How many centimeters are equivalent to 100 inches?
- 4. **U.S. Presidents**: Who is the only president to serve nonconsecutive terms?
- 5. **Language**: How many languages are spoken in the world today?
- 6. **Government**: Which branch of U.S. government is responsible for making laws?
- 7. **Sports**: Which famous baseball pitcher's nickname is "The Chairman of the Board"?
- 8. Food & Drink: What type of food do the Teenage Mutant Ninja Turtles love?
- 9. **Geography**: Which ocean does Bermuda lie in?
  - 10. Math: What is a prime number?

#### TRIVIA ANSWERS

1 bas

I. Eight minutes, 20 seconds 2. Lily Tomlin, as telephone operator Ernestine 3. 254 4. Grover Cleveland 5. More than 7,000 6. The legislative branch -- U.S. House and Senate 7. Whitey Ford 8. Pizza 9. Atlantic 10. A number that is only divisible by itself

#### SCRAMBLERS ANSWER

Sharp 2. Please;
 Kale; 4. Crass

Today's Word

**CHEAP** 

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#### HELP WANTED

# FULL/PART-TIME SALES ASSOCIATE

Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required. Please email a resume to sanibelsole@gmail.com.

#### HELP WANTED

# ISLAND PRESCHOOL TEACHERS

The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours.

Competitive salary. Tolls paid.

Please call Nita at 239-472-4538.

#### **PSA**

#### AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org.

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Silas ID# A894911

photos provided Lilly ID# A480301

Lee County Domestic Animal Services

# Silas And Lilly

ilas is a 3-year-old pit bull mix. He asked Santa for a loving home for the holidays. His adoption fee is \$20. Lilly is an 11-year-old domestic medium hair. She will curl up contentedly in your lap like it was made for her. Her adoption fee is waived.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.☆

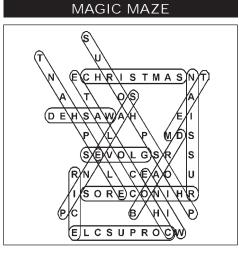
# HORTOONS



# **PUZZLE ANSWERS**

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# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Lugano	Miromar Lakes	2020	6,374	\$6,500,000	\$6,500,000	0
Castelli	Miromar Lakes	2007	5,732	\$6,350,000	\$6,200,000	64
Rookery Lake	Bonita Springs	2000	5,775	\$4,400,000	\$4,000,000	73
Metes And Bounds	Sanibel	2018	3,800	\$3,849,000	\$3,800,000	631
Cape Coral	Cape Coral	2020	3,812	\$2,750,000	\$2,750,000	2
Ibis Cove	Bonita Springs	1994	4,798	\$1,995,000	\$2,255,500	8
Shriver	Fort Myers	2015	3,017	\$2,195,000	\$2,085,000	28
Sanibel Isles	Sanibel	1984	2,198	\$1,995,000	\$1,996,000	2
Dunes At Sanibel Island	Sanibel	2006	3,409	\$1,950,000	\$1,890,000	89
Shell Harbor	Sanibel	1974	2,996	\$1,795,000	\$1,865,000	6

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- Panoramic Bay Views, Deep Water Dock
- Stunning Expansive Gulf Views, Pool/Spa
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- Remarkable Eastern View, Near Beach
- Property Consists of 2 Lots
- Drive or Walk to Deeded Beach Access \$2,295,000

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- Near Beach, Large Single Family Buildable Homesite
- Small Beach Community of Fabulous Homes
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